ABSTRACT FORMAT

- Abstract presentation title no longer than 15 words or 100 characters.
- It should include
  a) Title of the article
  b) Name of each contributor with institutional affiliation
  c) Name, official address, mobile no. & e-mail id of the corresponding author
  d) Name of the presenting author should be underlined
- Abstract no longer than 300 words.
- It should be structured as
  a) Introduction
  b) Aim
  c) Methodology
  d) Results
  e) Conclusion
  f) Keywords
- Text should be in Cambria with a font size of 12 with single spacing and justified.
- Abstracts reporting on research must include results.
- Statements such as "findings will be reported" are not sufficient & the abstract will not be accepted.

IMPORTANT DATES

October 11, 2016	Registration Begins
November 10, 2016	Deadline for submission of abstract. Abstracts should be submitted electronically.
November 20, 2016	Notification of abstract acceptance
November 30, 2016	Registration Ends

CONTACT DETAILS

Dr. S. Sheela Ravinder - 9884314437

Dr. K. Maheshkumar - 9884591739

ORGANISING COMMITTEE

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San Antonio, Texas & Visiting Professor, SRMC

SYMMEDCON 2017

International conference on

Stress | Yoga Mind-Body Medicine

JAN 2 3 4 2017

Venue: Seminar Hall, 2nd Floor,
Sri Ramachandra Medical College and Research Institute

Organised by:

Department of Physiology,
SRMC & RI
Sri Ramachandra University, Porur, Chennai - 600 116.

SRI RAMACHANDRA UNIVERSITY Chennai

ASSOCIATION OF PHYSIOLOGISTS TAMIL NADU

About the conference:

This is the first ever conference conducted in the field of Mind Body Medicine in India. Mind Body Medicine is a scientific field which uses the power of thoughts and emotions to influence physical health. Yoga and Mind Body Medicine treats both mind and the body simultaneously thus helping to attain a balanced, positive health. The lifestyle changes in recent years has increased the stress among the general population and has made them more prone for psycho-somatic disorders and lifestyle disorders. In this conference, international speakers from USA, will be enlightening the participants on international perspectives and the eminent national speakers will provide their expert insights in the field of stress and its management. Workshop on the third day, a capacity building exercise, will provide hands on session on autonomic function test, yoga, mind body medicine, neuro-physiological parameters, qualitative research methods and ethics. This conference targets undergraduates, postgraduates and faculty from all the health science related institutions as the focus is on stress and its management.

Registration charges:

	Till Nov. 30th	After Nov. 30th
Delegates	2500	3000
PG student	2000	2500
Accompanying Delegate	1000	1000
UG student	1000	1500
Spot Registration	3500	
Registration exclusively for workshop	1000	
Registration for workshop If registered for conference	750	

- Registration fees does not include Accommodation and Travel.
- PG, UG and Research scholars must provide authorization letter issued by Head of department/ institution.
- No TMC (Tamilnadu Medical Council) certificate for spot registration delegates.
- Mode of payment: by demand draft in favour of "SRI RAMACHANDRA UNIVERSITY" payable at Chennai.

Registration form and DD shall be sent to:

Dr. Padmavathi.R,
Organizing Chairman
Professor & Head,
Department of Physiology, Sri Ramachandra University,
Porur, Chennai-600116.
Mail id: symmedcon@gmail.com

SYMMEDCON 2017

International Conference on Stress, Yoga, Mind-Body Medicine

2nd - 4th January 2017

DAY 1 - 2nd January 2017 (Monday)

TIME	TOPIC	FACULTY
8.00 - 9.00 a.m.	REGISTRATION	
9.00 - 9.45 a.m.	Patho-physiology of Stress	Dr. Shriraam Mahadevan, Endocrinology, SRU
9.45 - 10.45 a.m.	INAUGURATION	
10.45 - 11.00 a.m.	TEA BREAK	
11.00 - 11.45 a.m.	Psychoneuroimmunology - the present and the future.	Dr. Sathianathan, Psychiatry, SRU
11.45 - 12.45 p.m.	Gut, Microbiomes and Stress	Dr. K. Madhavan, General Medicine, SRU
12.45 - 1.45 p.m.	LUNCH	
1.45 - 2.30 p.m.	Management of Pain and Suffering	Dr. Neela Patel, Geriatric and Palliative Medicine, UTHSC USA
2.30 - 4.30 p.m.	ORAL & POSTER PRESENTATION	

DAY 2 - 3rd January 2017 (Tuesday)

TIME	TOPIC	FACULTY
9.00 - 9.45 a.m.	Neuroplasticity, fMRI and Stress	Dr. K.N.Maruthy, Physiology, NMC, Nellore
9.45 - 10.30 a.m.	Role of Dance in Management of Stress	Dr. Sreedhara Akkihebbalu, UTHSC, USA
10.30 - 10.45 a.m.	TEA BREAK	
10.45 - 11.30 a.m.	Role of Music in Management of Stress	Dr. Shantala Hegde, Clinical Psychology, NIMHANS, Bangalore
11.30 - 12.15 p.m.	Role of Yoga in Management of Stress	Dr. Sathyaprabha, Neuro Physiology, NIMHANS, Bangalore
12.15 - 1.00 p.m.	The Powerful Placebo	Dr. Venkat Srinivasan, Internal Medicine, USA
1.00 - 2.00 p.m.	LUNCH	
2.00 - 4.00 p.m.	ORAL & POSTER PRESENTATION	
4.00 - 4.30 p.m.	VALEDICTORY	

DAY 3 - Three Post Conference Workshops (Parallel sessions): 4th January 2017 (Wednesday)

* Maximum number of participants will be limited to 30 in each workshop

WORKSHOP 1: Autonomic Function Test (AFT), Mind Body Medicine & Yoga:

Resource persons-

1. Dr.K.N.Maruthy, Professor,Physiology, Narayana Medical College, Nellore
2. Dr.S.T.Venkateswaran, Professor & Head - Dept of Yoga, GYNMC, Chennai
3. Dr.Venkat Srinivasan, Board Certified - Internal Medicine, Graduate Fellow, Arizona Center for Integrative Medicine, San Antonio, Texas

WORKSHOP 2: Qualitative Research Methodology and Ethics:

Resource persons-

1. Mr. Veerapandian, Dept of Applied Psychology, Banyan Academy of Leadership in Mental Health, Chennai,
2. Dr.Pankaj B Shah, Professor & Head-Community Medicine, SRU
3. Dr.Padmavathi.R, Professor & Head-Physiology, SRU

WORKSHOP 3: Evoked Potential & Reaction Time

Resource persons-

1. Dr.V.Shankar, Professor & Head, Neurology, SRU
2. Dr.K.N.Maruthy, Professor,Physiology, Narayana Medical College, Nellore
3. Dr.Priscilla Johnson, Professor, Department of Physiology, SRU

Conference theme

" Stress, Yoga and Mind Body Medicine "

Topics

The Conference Scientific Committee encourages you to submit abstracts on Cardiovascular & Autonomic Physiology, Environmental & Respiratory Physiology, Experimental Physiology, Clinical Physiology and Innovations in 1st year Medical Education with emphasis on Stress, Yoga, Mind Body Medicine.

Presentation options

Indicate your preference in the submission form.
The options are:
1. Oral presentation sessions
2. Poster session (e poster)

Submission deadline

- To be considered for the program, you must prepare and submit abstracts according to the instructions given below by **Nov 10, 2016** online to **e-mail: symmedcon@gmail.com**
- The paper should be certified by the HOD/ Head of the Institute to the effect that the work was carried out by the author at the institution

Submission method

Abstracts should be submitted electronically through the conference **e-mail: symmedcon@gmail.com on or before November 10, 2016.**

Confirmation

The delegates will be notified regarding their status of the abstract by November 20, 2016. If the abstract is accepted, the delegates will receive communication regarding the date, time and type of presentation. If in any case, the presenting author is unable to make it for the conference and wishes any one of the co-authors to present, the same should be informed to the scientific committee at least one week ahead of the conference.

Presenter's responsibilities

Presenter must register by **November 30, 2016** to secure the presentation time.

SYMMEDCON-2017

January 2nd to 4th
Department of Physiology
Sri Ramachandra Medical College and Research Institute
SRI RAMACHANDRA UNIVERSITY

ABSTRACT FORM

(To be sent on or before November 10, 2016)

Name of the presenter: ……

Title of the presenter: ……Dr/Mr/Ms……..

Department: ……..

Institution: ……

Name of the co-authors: …….....

City:……. State:…… Pin code……...

Category: UG/ PG /FACULTY

Preference of presentation: Oral / e Poster

Contact no of presenting author: …….

Mail. id of presenting author: ……..

Titleofpresentation:……
……
……

Signature of the presenter Signature of H.O.D

SYMMEDCON-2017

January 2nd to 4th
Department of Physiology
Sri Ramachandra Medical College and Research Institute
Sri Ramachandra University

REGISTRATION FORM

Name (BLOCK LETTERS):

Medical Council Registration No:
(If applicable)

Age & Gender :

Category : Faculty ☐

: Student (UG/PG/PhD) ☐

Workshop : WS1 ☐ WS2 ☐ WS3 ☐

Present Designation & Institute:

Address for communication:

Mobile :

E-mail :

Payment Details

DD in favour of " SRI RAMACHANDRA UNIVERSITY" payable at chennai.

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(Kindly email copy of this form to symmedcon@gmail.com)