



Faculty Name : Dr.N.PREETHA **ORCID ID :** 0000-0001-9470-2449

Degree: M.Sc, M.Phil, Ph.D.,

Designation: Assistant Professor

Area of Research Expertise with Projects conducted (Internal/ External):

Professor Emeritus / Visiting Professors, if any:

- Appointed as resource person and delivered guest lectures for Undergraduate students, Department of Nutrition and Dietetics, Rabiammal Ahamed Maideen College for Women, Tiruvarur.
- Appointed as a resource person and delivered guest lectures for Postgraduate students, Home Science – Nutrition and Dietetics personal contact program, Alagappa University.

Awards & Recognitions of faculty

- Received award for completion of 10 years of service from the University.
- Received the appreciation award for coordinating the Meditation classes by Heartfulness Institute, USA, for the undergraduate students, at their World Health Day Celebration on 07.04.18.

Conferences

- Presented paper on **“Development of a micronutrient and fibre rich cookie for PCOS subjects”** at the international conference on Food, nutrition and health (ICFNH - 2016) “Food and Health for everybody everywhere” organised by Indian Dietetic association, Kilakarai Chapter and Department of food and nutrition research centre Hassim Beevi Abdul Kader college for women (Autonomous) on 7-8 June, 2016
- A paper on **“A study on incorporation of whey protein in selected recipes”** was presented at the National conference on food processing and technology (igniting India) – towards Entrepreneurship organised by Department of

Nutrition and Dietetics, Dr.NGP Arts and since college, Coimbatore and Entrepreneurship development cell held on 17th of August 2016.

- Participated in the National conference on “Setting benchmarks in teaching and learning through ICT” conducted IQAC on Feb 5th and 6th 2017.
- Coauthored “MAGNEFODS and Glycemia” Current Approaches in Nutraceuticals and food technology for diabetes management, International conference held in Periyar University, Salem, on 25.01.2019.
- Participated, 16th Annual “National Nutrition Science and Practice Conference” organized by ISPEN at Hotel Savera on 5th & 6th July, 2019.
- Judge for the oral presentation at the National conference on “Next generation nutrition” organized by department of nutrition and dietetics, Sengamala thayaar educational trust women’s college, Mannargudi on 27.09.19.
- Co authored an oral presentation on the “Impact of breakfast skipping on the weight gain pattern of college going girls” presented at the National conference on “Next generation nutrition” organized by department of nutrition and dietetics, Sengamala thayaar educational trust women’s college, Mannargudi on 27.09.19.
- Co authored the paper presentation on Association between dietary intake and depressive symptoms in subjects with Polycystic Ovarian Syndrome at the conclave “Emerging Frontiers in Healthcare and Research” organized by Department of Endocrinology, SRIHER(DU) in collaboration with University of Hull, United Kingdom held on 28th February 2020.
- Co-authored an oral presentation entitled Assessment and Comparison of Nutritional Status and Dietary Intake Among Physically Active and Inactive Adolescents in International Virtual Conference On “Global Added Burdens of Diseases and Food Security” organized by PG & Research Department of Nutrition and Dietetics & B.Voc., Food Processing and Safety, Jamal Mohamed College (Autonomous), affl.to Bharathidasan University on 05.01.2021

Seminars

- Co-authored a poster presentation in the National Seminar “ **Exploring Food Based Approaches for Sustenance**” on the “Awareness of functional foods among healthcare professionals and general public” conducted by School of Food Science, MOP Vaishnav College for Women, on 27&28th January, 2017.

- Attended a National Seminar on “Innovative Textiles” organized by Department of Home Science, Seethalakshmi Ramaswamy College, Trichy, on 28.01.17.
- Delivered a guest lecture on the topic “Nutrition Perspective of early adults” on the virtual National Seminar conducted by the Department of Home Science Interior Design and Décor, Shri Shankarlal Sundarbai Shasun Jain college for Women, on 31st March 2021
- Delivered a guest lecture on the topic “Nutrition and School Goers” on the virtual mode conducted by the Department of Department of Food Science and Nutrition, Dr. N.G.P. Arts and Science College, Autonomous and Affiliated to Bharathiar University, Coimbatore, on 17.04. 2021.
- Delivered a lecture on “Significance of Food safety in Food Outlets” virtual awareness programme organized by Department of Clinical Nutrition, SRIHER (DU) as a part of World Food Safety Day celebration on 07.06.2021.
- Delivered a lecture on the topic “Nutrition perspectives in Diabetes mellitus” on organized by Department of Food Service Management and Dietetics, Cauvery college for Women (Autonomous), Trichy on 30.08.2021.

Workshop

- Participated in Regional Symposium and Workshop conducted by the Department on 19th and 20th August 2016.
- Attended the workshop on “Role of Yoga to Improve the Quality of Life” organised by Sri Ramachandra University from 15th -20th June.
- Conducted Clinical bedside teaching on “Pregnancy Assessment - different nutrition related problems” in the workshop held at G Block, OBG ward on 07.09.17.
- Organised the National Entrepreneur Week celebration on “Live your Entrepreneurial Dream” from 12.02.18-16.02.18.
- Evaluator for Case presentation for the Regional Symposium & Workshop on the topic 3D’s of Swallowing – Deglutition, Dysphagia and Diet on 01.12.18.
- Attended State Level Teacher's Workshop 2021 SHIKSHA SANSKRITI UTTAN NYAS (SSUN – Tamil Nadu Chapter) on 26.09.2021

Training undergone by faculty

- Attended the Higher Education Sensitization program for Health Science colleges organized by EUHSC on 09.07.18.
- Attended a demonstration on SMART Board, organized by Education Unit on 21.12.18.
- Attended the Blended learning initiative, 6th Faculty Training program from 05.03.19 – 27.03.19.
- Attended NABH orientation class on 8th, 9th and 10th of April 2019.
- Attended the National Level **Virtual Faculty Development Programme On Naac Process On Quality Advancement**, organised by Internal Quality Assurance Cell of Sree Narayana Guru College Affiliated to Bharathiar University, Coimbatore Re-Accredited by NAAC & AN ISO 9001: 2015 certified institution in Collaboration with Bharathiar University from 11.12.2020 – 18.12.2020.
- Attended the national level **virtual Faculty Development Programme on NEP implementation for Internal Quality Assurance in HEI supported by UGC PARAMARSH Scheme for Mentoring NAAC Accreditation Aspirant Institutions**, organized by PSGR Krishnammal College for Women, Coimbatore, In association with SHIKSHA SANSKRITI UTTHAN NYAS (SSUN – Tamil Nadu Chapter), Venue : Online Mode (YouTube Live Streaming) from 14.12.2020 to 16.12.2020.

Membership in Committees etc., (Internal/ External)

Internal:

- Member, Faculty Research Promotion Committee (FRPC)-Allied Health Sciences, SRHER(DU)
- Member of university Entrepreneur cell
- Secretary, Safety and Utility Sub Committee, SRIHER(DU).

External:

- IDA member
- ISPEN member
- NSI member

List of Publications

- Published a research article entitled, “**Assessment of Emerging Adult women for Poly Cystic Ovarian Syndrome symptoms**” was published in Indian Journal of Science and Technology, August 2016, *Vol 9(30)*, DOI: 17485/ijst/2016/v9i30/88483, ISSN (Online) : 0974-5645, impact factor of **1.63**, indexed by Chemical Abstracts Services (CAS); SCOPUS, Elsevier B.V; J-Gate Plus; Research Bible; EBSCO Publishing’s Electronic Databases, USA; DOAJ; Ulrich’s Periodical Directory, USA; Indian Science Abstracts, India; Index Copernicus, Poland; ISI, Thomson Reuters (Web of Science); Indian Science.in, Pg.No 1-5.
- Co-authored a research article entitled “Effect of Supplementation of Omega-3, Zinc and Magnesium rich snack in reducing the neurobehavioral symptoms in children with Attention Deficit hyperactivity Disorder (ADHD)- A Pilot study” in **Journal of Indian Dietetic Association**, Vol 38, No.1, September, 2016, ISSN 0971-8214, Pg:1-7.
- Co-authored a research article entitled “Association of Dietary Intake and depression in subjects with **Poly Cystic Ovarian Syndrome**” in **IJRAR**, Vol 6, Issue 2, June, 2019, ISSN 2348 -1269, P-ISSN2348-5138.
- Published an article (Principal investigator) entitled “Development of a Nutrient Dense Cookie for Polycystic Ovary Syndrome (PCOS) SUBJECTS” Vol. 21 No. 4(S2) (2020): Special Issue-2, Pg.no: 76 – 81 in the Journal of Natural Remedies(JNR) with ISSN:2320-3358, UGC-CARE List Group II (Scopus Source List).