

Mrs. S. Nalini

M.Sc.(N), Lecturer , Department of Psychiatric Nursing

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Area of Research Expertise

- Dependence
- Child and Adolescents Psychiatry

### Publications

1. C. Cathalin Pressy Dalia, V. Sujatha, **S. Nalini**. Effect of emotional regulation training on depression, anxiety and stress among the patients with alcohol dependence admitted in selected de-addiction centers at south India. Journal of Complementary and Integrative Medicine. 2019; 2019001
2. Dr. G. Neelakshi, Ms. Cathalin Pressy Dalia, **Mrs. S. Nalini**, Mrs. G.J.Sara Sapharina & Mrs. Lisy Joseph. Beliefs towards mental illness among nursing students at selected college, International Journal of Research and Analytical Reviews ( IJRAR February 2019, Volume 6, Issue 1 www.ijrar.org (E-ISSN 2348-1269, P- ISSN 2349-5138) page no.906-912
3. Christopher Soloman Joel , S.Santhi, and **S. Nalini**. Effect of progressive muscle relaxation on post traumatic stress among patients with myocardial infarction. International journal of medicine and health profession research. July- December, 2016. 3(2). 99-108
4. Sathiya K, Santhi V, **Nalini S** & Vijayaraj. R. A study to assess the burnout among nurses at selected hospital Chennai. Pondicherry Journal of Nursing. 2015; 8(2): 44- 48.
5. Nicholas S, Neelakshi G, **Nalini S**. Effectiveness of Assertiveness Training on Self Esteem and Assertive Behavior among Adolescents at a Selected School. Journal of medical science and Clinical Research. 2015; 3(7): 6790-6796.
6. Lisy Joseph, Ramakrishnan T.V, **Nalini S**. Sleep Quality among Elderly Residing at Selected Old Age Home . Journal of Medical Science and Clinical Research. 2015; 3(7): 6772-6777.
7. **Nalini S**, Lisy Joseph. Assess the level of motivation to remain abstinence among patients with alcohol dependence. Journal of Science. 2015; 5(7): 472-475.

### • Conferences, Seminars, Workshop, training undergone by faculty

| S.No | Name of the programme  | Year |
|------|--|------|
| 1.   | CNE- "Reinforce Mental Health"   | 2014 |
| 2.   | CNE- "Suicide Prevention: Nurses Concern"  | 2015 |
| 3.   | Workshop on OSCE   | 2016 |
| 4.   | National conference "Elderly depression-A Holistic approach" with a support grant from ICMR      | 2016 |
| 5.   | Workshop on OSCE organized by Omayal Achi college of Nursing                                     | 2016 |
| 6.   | 15 <sup>th</sup> Annual National ISPN Conference<br>"Clinical Research in Mental Health Nursing" | 2016 |
| 7.   | 2 <sup>nd</sup> State Workshop On Test Construction, faculty of nursing SRU                      | 2017 |
| 8.   | 13 th International Nurses Conference with the theme on Dynamics in                              | 2017 |

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|------------|---|------|
|            | nursing-meeting health care needs organized by Faculty of nursing, SRMC&RI(DU)  |      |
| <b>9.</b>  | 14 <sup>th</sup> International Nurses Conference with the theme on Better health care: Exploring the possibilities organized by Faculty of nursing, SRMC&RI(DU)   | 2018 |
| <b>10.</b> | Career orientation Programme  | 2018 |
| <b>11.</b> | 2 <sup>nd</sup> State Workshop On Test Construction, faculty of nursing SRU   | 2017 |
| <b>12.</b> | State level workshop on Focused assessment : A key in nursing practice  | 2018 |
| <b>13.</b> | 4 <sup>th</sup> National Conference with the theme of “Family Nursing : Way Forward to Sustain Excellence” and it was organized by SRCON, SRIHER.   | 2019 |
| <b>14.</b> | 18 <sup>th</sup> Annual national conference of Indian Society of Psychiatric nurses in collaboration with Lokopriya Gopinath Bordoloi Regional Institute of mental Health, Tezpur, Assam and the theme of “ Role of Nurse in promoting in Positive Mental Health” | 2019 |
| <b>15.</b> | Technology : A bane to human relationship in world social work day  | 2019 |
| <b>16.</b> | Simulation training programme   | 2019 |
| <b>17.</b> | Blended learning  | 2019 |

- Membership in Committees etc., (Internal/ External)
  - Member in College Council
  - Member of Simulation curriculum development committee of SRIHER
  
- Guest lecture and recognition

Mrs. S. Nalini, Lecturer received gold coin for 10 years dedicated service on 19.9.2018