

Dr. S. Santhi

M.Sc.(N), PhD., Professor & HOD, Department of Psychiatric Nursing

[santhi.s@sriramachandra.edu.in](mailto:santhi.s@sriramachandra.edu.in)

Area of Research Expertise	Projects conducted (Internal/ External)
<ul style="list-style-type: none"><li>- Psychological morbidity</li><li>- Quality of life</li><li>- Psycho-oncology</li><li>- Vulnerable population</li><li>- Adult psychiatry</li><li>- Dependence</li></ul>	<p>Co-investigator received “Beyond the Globe Award” for funded Research Dana-Farber Cancer Institute/Boston Children Hospital on 4/1/2017 (US\$15,000)</p> <p>GATE Project research grant (Rs. 70000) for the year 2019-2020</p>

Visiting/Adjunct faculty Department of Mental Health Nursing, Saveetha college of Nursing, Chennai.

### Publications

1. Fabiola M.Dhanaraj, Dr. S.Ani, **Dr. S. Shanthi**, Dr. Nappinai. To identify factors that are related to academic incivility among nursing faculty in a nursing student. International Journal of Scientific Research. 2018. Voi.7 Issue. 376-377
2. Ms.Sajil. G **Mrs. Santhi**. S Mrs. Sujatha . V. Effectiveness of group therapy on self-esteem among patients with alcohol dependence syndrome effectiveness of group therapy on self-esteem among patients with alcohol dependence syndrome. International Journal of Scientific Research and Review. ISSN NO: 2279-543X. 2017. Vol- 6, Issue 12. 126 -128.
3. Ms.Jacqueline Devasena, **Dr.S.Santhi** , Mrs.G.J.Sara Sapharina. Effectiveness Of Laptop Assisted Teaching On Coping With Side Effects Of Antipsychotic Drugs Among Patients With Schizophrenia, International Journal of Scientific Research and Review Volume 6, Issue 12, 2017, ISSN NO: 2279-543X, page no 5-11.
4. **Santhi S**, Rajeswari S. Role of nurse in Psychosocial interventions. The journal of nursing trendz. 2016; 7(1): 33-37.
5. Mary Metilda, S. **Santhi S** & Sara Sapharina G J. Effect of Instructional Module on Drug Adherence in Terms of Attitude among Patients with Schizophrenia. Nitte University Journal of Health Science. 2016; 7(1): 28-32. Impact factor - 0.988
6. Jayapriya R, **Santhi S** & Sujatha V. Effectiveness of Progressive Muscle Relaxation and Activity Schedule on Depression and Activities of Daily Living Among Elderly Patients. Journal of medical science and Clinical Research. 2016; 4(2): 9288-9297.
7. Christopher Soloman Joel , **S.Santhi**, and S. Nalini. Effect of progressive muscle relaxation on post traumatic stress among patients with myocardial infarction. International journal of medicine and health profession research. July- December, 2016. 3(2). 99-108
8. **Dr.S.Santhi**, Ravi A., Rajeswari vaidhyanathan., Srinivasan B and Sridevi. A. study to evaluate the effectiveness of meditation on depression among women with breast cancer subjected to mastectomy admitted in selected hospitals at Chennai. International Journal of Current Medical and Pharmaceutical Research. November, 2016. Vol. 2, Issue, 11, 214-217
9. Imdadullah, **Santhi S**, Sujatha, V. Effectiveness of bibliotherapy on anxiety and self perception among the patients with alcohol dependence. Journal of Science. 2015; 5(7): 560-562.

10. Imdadullah, **Santhi S**, Sujatha, V. Effectiveness of bibliotherapy on anxiety and self perception among the patients with alcohol dependence. Journal of Science. 2015; 5(7): 560-562.
11. Rajeswari S, Aruna S, **Santhi S**. Maternal weight gain on labor and neonatal outcomes among postnatal mother at selected hospitals. The Journal of Nursing trendz. 2014; 5(3): 587 - 590
12. Kavitha S.B, **Santhi S**, SujathaV. Effectiveness of tai-chi therapy on depression, Anxiety and stress among elderly people residing at Old age home Chennai. Journal of Science. 2014; 5(9): 1-5.

#### **Awards & Recognitions of faculty**

S.no	Award	Agency	Date
1.	“Beyond the Globe Award	funded Research Dana-Farber Cancer Institute/Boston Children Hospital	4/1/2017
2.	Best paper award	14 <sup>th</sup> international nurses conference	11/01/2018
3.	GATE Research Fund	SRIHER (DU)	October, 2019

#### **Conferences, Seminars, Workshop, training undergone by faculty**

S.No	Name of the programme	Year
1.	CNE- “Reinforce Mental Health”	2014
2.	CNE- “Suicide Prevention: Nurses Concern”	2015
3.	National conference “Elderly depression-A Holistic approach” with a support grant from ICMR	2016
4.	National Nursing Conference & Narayana college of nursing, Narayana college of Nursing,Nellore	2016
5.	15 <sup>th</sup> Annual Natioanl ISPN Conference “Clinical Research in Mental Health Nursing “	2016
6.	2 <sup>nd</sup> State Workshop On Test Construction, faculty of nursing SRU	2017
7.	12 State level conference Mohammed Sathak A.J.College of Nursing.Chennai	2017
8.	Panel discussion CMC, Vellore	2017
9.	Workshop On Item analysis, Faculty of nursing , SRU	2017
10.	13 th International Nurses Conference with the theme on Dynamics in nursing-meeting health care needs organized by Faculty of nursing, SRMC&RI(DU)	2017
11.	14 <sup>th</sup> International Nurses Conference with the theme on Better health care: Exploring the possibilities organized by Faculty of nursing, SRMC&RI(DU)	2018
12.	1 <sup>st</sup> National Nurses Conference with the theme on A voice to lead health is a human right organized by TNNMC	2018
13.	Career orientation Programme	2018

14.	2 <sup>nd</sup> State Workshop On Test Construction, faculty of nursing SRU	2017
15.	Workshop On Item analysis, faculty of nursing , SRU	2017
16.	State level workshop on Focused assessment : A key in nursing practice	2018
17.	8 <sup>TH</sup> Nursing symposium on cancer care organized by Nethersole school of nursing, Faculty of medicine, The Chinese University, Hong Kong.	2018
18.	4 <sup>th</sup> National Conference with the theme of “Family Nursing : Way Forward to Sustain Excellence” and it was organized by SRCON, SRIHER.	2019
19.	18 <sup>th</sup> Annual national conference of Indian Society of Psychiatric nurses in collaboration with Lokopriya Gopinath Bordoloi Regional Institute of mental Health, Tezpur, Assam and the theme of “ Role of Nurse in promoting in Positive Mental Health”	2019
20.	Technology : A bane to human relationship in world social work day	2019
21.	13 <sup>th</sup> national conference traverse innovatio: Ventures and Opportunities in Nursing Practice Saveetha College of Nursing Saveetha University	2019
22.	Simulation training programme	2019
23.	Blended learning	2019
24.	4 <sup>th</sup> State level Workshop on “Paediatric Emergengy Triage Assessment and Treatment : Nurses Role”	2019

#### Membership in Committees etc., (Internal/ External)

- Credential Committee
- Board of Studies – Nursing of SRIHER
- College Quality Cell
- College Council
- Nursing Education Unit
- Member -Sri Ramachandra center for international collaboration (SRCIC)

#### External

- Editorial member Journal of Nursing Trendz , TNNMC Journal of Mental Helth Nursing, International journal of Psychiatric Nursing
- Research Expert member, NIMHANS, Rajiv Gandhi University of Health Sciences, Bangalore and Saveetha University, Chennai.
- Visiting/Adjunct faculty Departmrnt of Mental Health Nursing ,Saveetha college of Nursing, Chennai.

#### Guest lecture – Recognition

S.No	Topic	Name of the event & organizer	Place	Date
------	-------	-------------------------------	-------	------

1	"Psychiatric nursing issues for children "	CNE & Meenakshi college of nursing, Mangadu	Meenakshi college of nursing, Mangadu	6/16 /2016
2.	"Needs & Essentials of Guidance and Counseling"	In Service Education Cell & Saveetha college of nursing	Saveetha college of nursing, Saveetha University, Chennai.	05/11/2016
3.	Complementary therapies enrich Mental Health"	Department of telemedicine in collaboration with Pan Africa	SRU	5/5/2016
4.	Translational research for quality health models	National Nursing Conference & Narayana college of nursing, Nellore	Narayana college of nursing	1/9/2016
5	Application of theoretical perspectives of 'greenness' by	12 State level conference	Mohammed Sathak A.J.College of Nursing.Chennai	05.12.2017
6	Nursing management of child with eating disorders	Panel discussion	CMC, Vellore	3/10/2017
7	Traverse innovation: ventures and opportunities in nursing practice	13 <sup>th</sup> national conference	Saveetha college of Nursing Saveetha University	28.6.2019 – 29.6.2019