

## List of Publications

1. September 2003 – ‘Empowerment of Nurses – Will the dream come true?’ in the TNAI Biennial Conference release
2. Developing empathy among nurses : A path towards clinical excellence – Nightingale Nursing times, Vol 5(4), July 2009
3. Entonox for labour pain– Nursing perspectives, Sri Ramachandra Nursing Journal, Vol 1(1), September 2009
4. Cervical cancer – A preventive focus – Nightingale Nursing times, Vol 5(8), November 2009
5. Disseminated Intravascular Coagulation: Case presentation, – Nightingale Nursing times, Vol 5(11), February 2010
6. Nursing students’ styles and approaches to learning– Nightingale Nursing times, Vol 7(3), June 2011
7. A systematic review of published research articles on the promotion of salubrious cervix, Sri Ramachandra Nursing Journal, Vol 3(2), September 2011
8. Assessment of behavioural practices among women with cervicovaginal infections, Indian Journal of Applied Microbiology, Vol 15 (1), September 2012
9. Rincy K & Nalini S.J. Effect of fetal movement counting on prenatal attachment and maternal worries among primigravidae, Asian Journal of Nursing Education and Research Vol 4 (2). April - June 2014
10. Reena I & Nalini. S.J. Effect of lavender oil massage on labour pain and progress among primigravidae, International Journal of Advances in Nursing Management 3(1): January-March 2015
11. Nalini Sirala Jagadeesh, Evaluating a educative supportive nursing intervention for abnormal cervical smears among Indian women, Global Science and Technology Forum Journal, Conference proceedings, June 2014
12. Resmy, Nalini SJ, Sumathi G. Effect of lukewarm water compress on prevention of nipple pain and breast engorgement among primiparous at a selected hospital in Chennai, Journal of Science, Vol.4(10), 2014, pg: 620-624
13. Ms.Kalpana, S. S.Rajeswari, **S.J.Nalini** & Ms.Shini Varghese. Effectiveness of Trigonella Foenum-Graecum seeds on menstrual distress among adolescent girls with Dysmenorrhea Journal of Science, Vol.4(9), 2014, pg: 563-568
14. Shriram V, Mahadevan S, Anitharani M, **Jagadeesh Nalini S**, Kurup SB, Vidya TA, *et al.* Knowledge of hypoglycemia and its associated factors among type 2 diabetes mellitus patients in a Tertiary Care Hospital in South India. Indian J Endocr Metab 2015;19:378-82
15. Vijayapriya. T., Rathinavel. A., Mangalagowri, **Nalini S. J.**, Comprehensive Care Program On Pain, Functional Recovery, Nutritional Status And Occurrence Of Complication Among Patient With Hip Surgery, Int J Pharm Bio Sci 2015 Oct; 6(4): (B) 647 – 651
16. Vijayapriya. T., Rathinavel. A., Mangalagowri, **Nalini S. J.**, Nursing contributions on management of patients with hip surgery, International journal of Nursing education. Oct 2015; 7(4): 131-133, ISSN print: 0974-9349, Doi: 10.5958/0974-9357.2015.00206.8

17. Kinglse Kishore Coumar, **Nalini S J**, Renuka, Effect of intradialytic stretching exercise on muscle cramp among patients undergoing hemodialysis. International journal of Multidisciplinary research and development, Vol 3(1), 2016, 314-319
18. Jebrna Kiruba Mary, Fatima, Nalini SJ, Nagarathamma, Effectiveness of mind body interventions on anxiety related to childbirth and labour among parturient women undergoing medical induction of labour. International Journal of Health Sciences and Research, Vol6(10), Oct 2016, pg: 139-141
19. Shriram V, Mahadevan S, Anitharani M, **Jagadeesh NS**, Kurup SB, Vidya TA, *et al.* Reported hypoglycemia in Type 2 diabetes mellitus patients: Prevalence and practices-a hospital-based study. Indian J Endocr Metab 2017; 21:148-53.
20. Sujitha E, Munikumar RV, Nalini SJ, Aruna S, Seethalaksmi A, Sreelekha B. Cross-cultural validation of the Sheffield Profile for Assessment and Referral for Care (SPARC) tool in assessing holistic needs among Indian patients with terminal illness. Palliative Medicine 2016, Vol. 30(4) S1–S130, DOI: 10.1177/0269216316631462, pmj.sagepub.com, IF:3.685
21. Nalini SJ, Munikumar RV, Seethalaksmi A, Aruna S, Sujitha E, Sreelekha B. Physical, psycho-social symptom burden and palliative care needs among terminally ill hospitalized patients in India. Palliative Medicine 2016, Vol. 30(4) S1–S130, DOI: 10.1177/0269216316631462, pmj.sagepub.com, IF:3.685
22. Aruna S, Munikumar RV, Nalini SJ, Seethalaksmi A, Sreelekha B. Sujitha E. Socio-demographic Determinants of Holistic Needs among Hospitalized Terminally Ill Indian Patients. Palliative Medicine 2016, Vol. 30(4) S1–S130, DOI: 10.1177/0269216316631462, pmj.sagepub.com, IF:3.685
23. Mary Metilda, Nalini SJ. Guided imagery – A glance, International journal of advanced multidisciplinary research. Vol3(6), Oct 2016. pg:9-12, DoI: 10.22192/ijamr
24. Easter Mary, Nalini Sirala Jagadeesh, Vijayaraghavan R. Childhood obesity and its determinants among school children. International Journal of Pharma and Bio Sciences, April 2017; 8(2): (B) 649-653 ISSN 0975-6299, <http://dx.doi.org/10.22376/ijpbs.2017.8.2.649-653>
25. Easter Mary, Nalini Sirala Jagadeesh, Vijayaraghavan R. Effectiveness of Healthy Eating and Active Lifestyle Intervention Program (HEALIP) on Physiological and Biochemical Parameters among Children with Obesity at Selected Schools in Chennai – A Pilot Study Report. International Journal of Nursing Education, July-September, Vol.9, No. 3. Pg: 84-89. Print-ISSN: 0974-9349, Electronic - ISSN: 0974-9357
26. Jebrna Kiruba Mary, Fatima, Nalini SJ, Effectiveness of Selected Mind Body Interventions On Cortisol Level Among Antenatal Women With Anxiety. Int. J. Res. Ayurveda Pharm. 8(3), 2017. ISSN (online) 2229-3566 ISSN (Print) 2277-4343DOI: 10.7897/2277-4343.083154. IF: 0.14
27. Ramasamy Venkatasalu M, Sirala Jagadeesh N, Elavally S, Pappas Y, Mhlanga F, Pallipalayam Varatharajan R , Public, patient and carers' views on palliative and end-of-life care in India. International Nurses Review. 2017 Aug 30. doi: 10.1111/inr.12403.

### Papers presented in conferences

No.	Year	Activity	Event	Title	Organizing agency
1.	June 2000	Resource person	CNE	Nursing management of cardiac pain	Directorate of Medical and Rural Health Sciences, Govt. of TamilNadu at Kacheepuram
2.	January 2003	Paper presenter	International Health Professionals Conference	Effectiveness of Moist heat over dry heat application on Episiotomy of Primi mothers	Sri Ramachandra College of Nursing, SRU
3.	February 2003	Resource person	CNE	Counseling for woman's health – A Reproductive health focus	Dept of Maternity Nursing, SRU
4.	May 2003	Resource person	Continuing Maternity Nursing Education program	Antenatal, Natal and postnatal nursing care alerts in caring mother with HIV	Dept of Maternity Nursing, SRU
5.	December 2003	Organizing committee member	Public awareness program	-	SRU in collaboration with TNSACS
6.	January 2004	Conference Secretary & Paper presenter	All India Rehabilitation Nursing Conference	Rehabilitating women with hysterectomy and Oophorectomy	Sri Ramachandra College of Nursing, SRU
7.	January 2004	Resource person	2 <sup>nd</sup> CNE	Life support in pregnancy supports saves two lives	Department of Maternity Nursing, SRU
8.	December 2004	Paper presenter	3 <sup>rd</sup> National conference	1. Contributions of maternal care towards health priorities” 2. Research report on WHO Partograph – An Operational Research	Society of Midwives (India) at New Delhi
9.	January 2005	Resource person & Paper presenter	National Nursing Research Congress	1. Framing and plan for testing hypothesis 2. A study to assess the factors associated with preterm labour. 3. Testing alternative method of teaching partograph to midwifery.	Sri Ramachandra College of Nursing, SRU
10.	February 2005	Co coordinator & Resource person	3 <sup>rd</sup> CNE	Evidence based practices in Neonatal Nursing	Sri Ramachandra College of Nursing, SRU

11.	April 2005	Resource person	CME	Role of nurses in Maternal and Child health care	Dept of Community Medicine, SRU
12.	November 2005	Resource person	CNE	Cervical Screening – Women’s beliefs and experiences	Department of Maternity Nursing, SRU
13.	January 2006	Paper presenter	2 <sup>nd</sup> International Nurses conference	Knowledge on management and level of concern among women with deviant pap smear	Sri Ramachandra College of Nursing, SRU
14.	January 2006	Organizing committee member & Resource person	Faculty development program	Curriculum Development	Education Unit (Health Science Colleges) SRU
15.	April 2006	Resource person	Workshop	Culturally competent Nursing care	M.A. Chidambaram College of Nursing, Adyar, Chennai
16.	September 2006	Resource person	CNE	1. Ward teaching program 2. Conflict management	Ministry of Defence, Ordnance Factories Institute of Learning, Avadi Chennai
17.	September 2006	Organizing committee member & Resource person	Faculty development program	Educational objectives	Education Unit (Health Science Colleges) , SRU
18.	November 2006	Coordinator & Resource person	CNE	Psychosocial considerations in labour	Department of Maternity Nursing, SRU
19.	December 2006	Resource person	CNE	Intranatal Obstetrical Emergencies	SRM College of Nursing, SRM University, Ramapuram, Chennai
20.	January 2007	Paper presenter	3 <sup>rd</sup> International nurses conference	Nursing students’ styles and approaches to learning	Sri Ramachandra College of Nursing, SRU
21.	April 2007	Member in the faculty exchange program between SRU & University of Wisconsin & Resource person	Faculty exchange program	1. Impact of Tsunami on women and children 2. Maternal and child health care in India	Presented at University of Wisconsin, Oshkosh, USA
22.	November 2007	Organizing committee member & Resource person	Faculty development program	1. Curriculum, Syllabus & teaching and learning 2. OSCE, OSPE – role play	Education Unit (Health Science Colleges) , SRU
23.	December 2007	Resource person	CNE	Phenomenology of primi mothers in early postpartum	Dept of OBGYN Nursing, SRU

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24.	January 2008	Paper presenter	4 <sup>th</sup> International nurses conference	A study to determine the risk status for cervical cancer among women	<a href="#">Sri Ramachandra College of Nursing, SRU</a>
25.	August 2008	Resource person	Faculty development program	1. Curriculum development 2. Behavioural problems among students 3. Group dynamics	Institute of Speech, Language and hearing, Bangalore
26.	September 2008	Prize winner	Essay competition	Non violence	SRU
27.	October 2008	Paper presenter	7 <sup>th</sup> National conference	Risk assessment during pregnancy and development of strategies for safe motherhood	Society of Midwives of India at Kolkatta
28.	January 2009	Paper presenter	5 <sup>th</sup> International nurses conference	A study to determine the empathy among nurses	Sri Ramachandra College of Nursing, <a href="#">Medical Unviersity</a>
29.	February 2009	Resource person	CNE	Cervical cancer - A preventive focus	Dept of OBGYN Nursing, SRU
30.	March 2009	Organizing committee member & Resource person	Faculty development program	1. Curriculum development 2. Educational objectives & domains of learning 3. Group dynamics	Education Unit ( <a href="#">Health Science Colleges</a> ), SRU
31.	September 2009	Resource person	CNE	Nursing management – operative obstetrics	SRM College of Nursing, SRM University
32.	October 2009	Invited speaker	In service education program	Stress among nurses	Government Maternity Hospital, Mahatma Gandhi Institute of Health Sciences, Puducherry
33.	November 2009	Paper presenter	IX ICM regional Asia Pacific Midwives conference	Simulated clinical experience: Midwifery students' perceptions	ANSWERS, Hyderabad & Society of Midwives of India at Hyderabad
34.	December 2009	Organizing committee member	Leadership and team building program		Education Unit (Health Science Colleges), SRU
35.	December 2009	Resource person	CNE	High risk fetus: nurses role	Dept of OBGYN Nursing, SRU
36.	January 2010	Paper presenter	6 <sup>th</sup> International nurses conference	Assessment of Stress among nurses	Sri Ramachandra College of Nursing, SRU

37.	September 2010	Resource person	Poster presentation	Comprehensive maternity nursing care	SRU silver Jubilee celebrations
38.	November 2010	Paper presenter	8 <sup>th</sup> National conference	Curriculum changes in maternity nursing education	Society of Midwives (India) at Puducherry
39.	December 2010	Resource person	CNE	Complications in operative obstetrics: Nursing challenges	Dept of OBGYN Nursing, SRU
40.	December 2010	Resource person	State level workshop	Nursing management of high risk pregnancies	Thanthai Rover College of Nursing, Perambalur
41.	January 2011	Paper presenter	7 <sup>th</sup> International nurses conference	Midwifery students knowledge and perceptions related to HIV / AIDS	Sri Ramachandra College of Nursing, SRU
42.	February 2011	Resource person	Expert Lecture	Menstrual hygiene and prevention of cancer	DMI College of Engineering
43.	March 2011	Resource person	Faculty development program	Educational objectives	<a href="#">Pharmacy College, SRU</a>
44.	August 2011	Resource person	World breast feeding week	Breast feeding and working mothers	Dept of paediatrics, Faculty of Nursing and Dept of Clinical nutrition, SRU
45.	August 2011	Course completion	International trauma care program	Comprehensive Trauma Life Support course	International trauma care (Indian chapter) & ITACCS at SRU
46.	August 2011	Organizing committee member & participation	State level seminar	Quality Indicators for teachers	IQAC, SRU
47.	November 2011	Paper presenter	International conference on Transcultural nursing	Challenges faced by internationally placed Indian nurses in provision of culturally congruent care	Manipal College of Nursing, Manipal University
48.	December 2011	Coordinator & Resource person	CNE	Ethical and legal issues related to infertility	Dept of OBGYN Nursing, SRU
49.	January 2012	Paper presenter	8 <sup>th</sup> International nurses conference	Assessment of behavioural practices among women with cervicovaginal infections	Sri Ramachandra College of Nursing, SRU
50.	November 2012	Paper presenter	16 <sup>th</sup> Nursing Research Society of India	Effectiveness of Educative Supportive Nursing Interventions	Jamia Hamdard University, New Delhi

			Conference	on behavioural adherence among women with abnormal cervical smears	
51.	November 2012	Chairperson	16 <sup>th</sup> Nursing Research Society of India Conference	Applying for research funds	Jamia Hamdard University, New Delhi
52.	November 2012	Resource person	Workshop on theme, "Connecting health and humans in support of nursing informatics"	Telemedicine, E Nursing and research initiatives in nursing informatics	Mohamed Sathak AJ College of Nursing, Siruseri, Chennai
53.	January 2013	Paper presenter	9 <sup>th</sup> International nurses conference	Analysis of self reported symptoms among women with abnormal pap smears	Sri Ramachandra College of Nursing, SRU
54.	January 2013	Resource person	11 <sup>th</sup> CNE	Legal and ethical issues related to adolescent reproductive rights	Sri Ramachandra College of Nursing, SRU
55.	March 4 <sup>th</sup> & 5 <sup>th</sup> 2013	Resource person	CITI conference	Research methodology and ethics in research	SRU
56.	March 4 <sup>th</sup> & 5 <sup>th</sup> 2013	Invited guest speaker  Chairperson, Workshop on research	State level workshop	1. Effective reviewing and critiquing research literature.  2. Meta analysis	KMCH College of Nursing, Coimbatore
57.	April 18 <sup>th</sup> 2013	Invited guest speaker  Judge, Poster presentation Member – Panel Discussion	National conference on safemotherhood	Evidence based postpartum nursing care  Implementation of evidence based practice	Mahatma Gandhi Institute of Health Sciences, Puducherry
58.	July 16 <sup>th</sup> 2013	Invited speaker	Orientation program for undergraduate students	Discipline, Rules and Regulations	Education Unit (Health Science Colleges), SRU
59.	Dec 6 <sup>th</sup> 2013	Resource person	CNE – OBGYN Nursing	Psychosocial needs of women	Sri Ramachandra College of Nursing, SRU
60.	Jan 6 <sup>th</sup>	Paper presenter	10 <sup>th</sup>	Barriers for follow-up	Sri Ramachandra

	2014		International nurses conference	adherence among women with abnormal cervical smears	College of Nursing, SRU
61.	Jan 6 <sup>th</sup> 2014	Resource person for scientific session	10 <sup>th</sup> International nurses conference	Translating research findings into clinical practice	Sri Ramachandra College of Nursing, SRU
62.	June 23 <sup>rd</sup> 2014	International Paper presentation and publication	2 <sup>nd</sup> Global Science and Technology Forum conference	Evaluating a educative supportive nursing intervention for abnormal cervical smears among Indian women	Fort Canning, Singapore
63.	July 24 <sup>th</sup> 2014	Resource person	National conference on evidence based nursing practice	Outcome research in nursing practice	SRM College of Nursing, Kantankullathur
64.	August 25 <sup>th</sup> 2014	Resource person	CNE	National Assessment and Accreditation Council	Meenakshi College of Nursing, Mangadu, Chennai
65.	October 27 <sup>th</sup> & 28 <sup>th</sup> 2014	Resource person	1 <sup>st</sup> National Nursing Ph D society conference	SPSS Workshop	Sri Ramachandra College of Nursing, SRU
66.	November 11 <sup>th</sup> & 12 <sup>th</sup> 2014	Resource person	International CITI Conference	Organizing committee member and session coordinator	SRU
67.	December 12 <sup>th</sup> 2014	Resource person	CNE, Dept. of OBG Nursing	Premature Ovarian failure	Sri Ramachandra College of Nursing, SRU
68.	Jan 5-7 <sup>th</sup> 2015	Paper presenter	11 <sup>th</sup> International nurses conference	Follow-up of abnormal cervical smears among women using supportive nursing interventions	Sri Ramachandra College of Nursing, SRU
69.	April 12 <sup>th</sup> 2015	Resource person	National conference	Legal and ethical issues related to Surrogacy and Nurses role	PIMS CON, Puducherry
70.	July 24 <sup>th</sup> 2015	Resource person	Orientation program for UG students	Facilities at SRU	Education Unit, SRU
71.	August 22 <sup>nd</sup> 2015	Resource person	C NE, Dept of Medical Surgical Nursing	Briefing of Preceptorship workshop Objectives, follow up plan* (flowsheet) &	Sri Ramachandra College of Nursing, SRU

				Outcome**	
72.	September 1 <sup>st</sup> 2015	Resource person	Pan African Network	Psychosocial needs of women	Pan African Network – Telemedicine dept
73.	November 21 <sup>st</sup> 2015	Paper presenter	12 <sup>th</sup> Society of Midwives Conference	Clinical, Microbiological and cytological smear examination of women with vaginal discharge	Yenepoya University, Mangalore
74.	May 5 <sup>th</sup> 2015	Resource person – Panel discussion	Midwifery day	Midwifery and quality of care-Past, Present and Future Perspectives Forum	Apollo college of Nursing, Chennai
75.	July 30 <sup>th</sup> 2015	Resource person	National Nursing Conference	Nurse Practice Act – Draft preparation	Global Hospitals, Chennai
76.	October 16 <sup>th</sup> 2015	Resource person	Refresher Program on Research Methodology	Non randomized trials	Refresher Program on Research Methodology Dept of Speech Language & Hearing Sciences, SRU
77.		Resource person	National conference	Skilled care – Making safe motherhood possible	Mohamed Sathak College of Nursing, Chennai
78.	Jan 5-7 <sup>th</sup> 2016	Conference convener and Paper presenter	12 <sup>th</sup> International nurses conference	Clinical Competencies of Upcoming Baccalaureate Nursing Graduates	Sri Ramachandra College of Nursing, SRU
79.	January 18 <sup>th</sup> 2016	Resource person	National conference	Neonatal Nurse Practitioner	Madha College of Nursing, Chennai
80.	January 29 <sup>th</sup> 2016	Resource person	CNE program, Dept. of OBG Nursing	Preparing midwives for future – challenges and issues	Sri Ramachandra College of Nursing, SRU
81.	February 19 <sup>th</sup> 2016	Resource person and Chief guest, Valedictory session	National workshop	Systematic reviews and Meta analysis	NITTE Institute of Health Sciences, Mangalore
82.	March 9 <sup>th</sup> – 11 <sup>th</sup> 2016	Bursary award paper	Palliative Care Congress	Physical, psycho-social symptom burden and palliative care needs among terminally ill hospitalized Indian patients: A pilot study	Palliative care Congress, Glasgow, UK
83.	February 17 <sup>th</sup> 2016	Resource person	Faculty education program	National Assessment and Accreditation Council	Apollo College of Nursing, Chennai

84.	May 6 <sup>th</sup> 2016	Resource person	CNE	How to structure a qualitative research design	Saveetha University, Chennai
85.	Nov 2016	Paper presenter	Nursing Ph D society	Evaluation of vaginal symptoms among women attending gynecology OPD in a selected hospital	SRM College of Nursing
86.	Jan 4-5 <sup>th</sup> 2017	Conference convener and Paper presenter	13 <sup>th</sup> International nurses conference	Effectiveness of educative supportive interventions on barriers for follow-up among women with abnormal cervical smears	Sri Ramachandra College of Nursing, SRU
87.	March 9 <sup>th</sup> 2017	Resource person	State level workshop on Systematic reviews	Assessing the risk of bias in the included studies in the systematic reviews	Apollo College of Nursing, Chennai
88.	March 27 <sup>th</sup> 2017	Resource person	National level conference	1.Role of Annual quality assurance report in continuous quality improvement 2. Academic Audit – Global standards and where do we stand? – Chairperson, Panel discussion	JSS University, Mysore
89.	September 23 <sup>rd</sup> 2017	Resource person	In house one day Workshop -	Curriculum planning, development and evaluation	Sabari College of Nursing, Puducherry
90.	7 <sup>th</sup> October 2017	Session chairperson  Resource person	Workshop on OSCE / OSPE	Reflections on OSCE/OSPE implementation  Reliability and validity of OSCE/OSPE	Omayal Achi College Of Nursing, Chennai
91.	29 <sup>th</sup> November 2017	Resource person	National conference	Obstetric drugs	Arulmigu Meenakshi College of Nursing, Enathur, Kancheepuram