



NAME :**PROF.STEPHEN SUDHAKAR**

DEGREE :MS, Ophthalmology

DESIGNATION :Professor

AREA OF EXPERTISE : Neuro Ophthalmology

Publications :(Last Three Years)

1. Siddharam Janti, Ananya Aila , Kiruthika .S , **Stephen Sudhakar** Cross sectional survey analysis of eye donation awareness among medical, dental and nursing students in a teaching hospital/tertiary hospital Indian Journal of Clinical and Experimental Ophthalmology, April-June 2018;4(2):221-224
2. Aaliya Ambereen, Swathi A, Shankar. C, **Stephen Sudhakar**, Premnath Gnaneswaran. 2019. Correlation of global indices by automated perimetry and retinal nerve fibre layer thickness by optical coherence tomography in south Indian patients with primary open angle glaucoma. International Journal of Scientific Research. 2019: Vol-8 (4)
3. Sruthi.G, Shankar.C, **Stephen Sudhakar**. Albuminuric status in patients with clinical diabetic retinopathy in type2 diabetes mellitus. Journal of Medical Science & Clinical Research. March 2019 Vol-7(3)
4. Aaliya Ambereen, Swathi A, Shankar. C, **Stephen Sudhakar**, Premnath Gnaneswaran. Correlation of global indices by automated perimetry and retinal nerve fibre layer thickness by optical coherence tomography in south

- Indian patients with primary open angle glaucoma. International Journal of Scientific Research. 2019.Vol-8 (4)
5. C. Charanya, **K. Stephen Sudhakar**, C. Shankar and G. Premnath. Correlation of Severity of Diabetic Retinopathy with Reference to Lipid Profile, Body Mass Index and Glycemic Control (HBA1C). Journal of International Pharmaceutical Research. Volume 46(5)126-28 2019
 6. Laxmi Ananya Aila, **K. Stephen Sudhakar**, G. Premnath, C. Shankar and Siddharam S Janti. Optical Coherence Tomography Analysis of Macula in Patients with Clinical Diabetic Retinopathy. Journal of International Pharmaceutical Research. Volume 46(5)129-31: 2019
 7. Adnan Mohamed Matheen, R. Pandurangan, V. Manoj, **K. Stephen Sudhakar**, C. Shankar and Siddharam S Janti. The Study of Variation in Intra-Ocular Pressure after ND-YAG Capsulotomy Using Non-Contact Tonometry and Applanation Tonometer. Journal of International Pharmaceutical Research. Volume 46(5)123-25: 2019
 8. Siddharam S Janti , D P Shinisha , **K Stephen Sudhakar**. A rare case of Oguchi disease. International journal of scientific study. Volume 8(3):12-13: 2020
 9. Aaliya Ambereen , Shankar C , Adnan Mohamed Matheen , Premnath G , **Stephen Sudhakar** Comparison of Safety and Efficacy of Prednisolone Acetate Vs Difluprednate Vs Loteprednol Eye drops Post Cataract Surgery. ANNALS OF TROPICAL MEDICINE. Oct 2020 Vol. 23 Issue 15
 10. Siddharam S Janti, Shinisha Damodaran Paul, **Stephen Sudhakar Karunakaran** .A Rare Case of Adult Onset Best Disease. JOURNAL OF CLINICAL AND DIAGNOSTIC RESEARCH. November 2020 Volume : 14 Issue : 11 Page : ND03 - ND04
 11. Aditi Pandey, **K.Stephen Sudhakar**. A Free Floating Intravitreal cyst in an adult male(A Ball in Vitreous). International journal of scientific study. Sep 2020 Vol 8(6)
 12. **Stephen Sudhakar K**, Premnath Gnaneshwaran. Nd Yag Capsulotomy induced pupillary block glaucoma – a rare case report. Published in JOURNAL OF CLINICAL AND DIAGNOSTIC RESEARCH November 2020 DOI: [10.7860/JCDR/2020/44974.14220](https://doi.org/10.7860/JCDR/2020/44974.14220)
 13. Minnu Lekshmi, **Stephen Sudhakar K**. An interesting case of Rhino Orbito Cerebral Mucormycosis- A case report. Published in Journal of Clinical and Diagnostic research.15-Dec-2020 — DOI: 10.7860/**JCDR**/2020/46157.14293. Ophthalmology. Section
 14. A Rare Case of SLE Retinopathy- Heena Dharamdasani, **Stephen Sudhakar** published in JOURNAL OF EVOLUTION OF MEDICAL AND DENTAL SCIENCES 2021; 10(24):1848-1851, DOI: 10.14260/jemds/2021/382

Research: Presentations (Last Three Years)

1. Clinical Analysis of Optic disc swelling in a tertiary care centre.

2. Albuminuric status in patients with clinical diabetic retinopathy.
3. Trans conjunctival approach for Pleomorphic Adenoma of Lacrimal gland.
4. Neuro-ophthalmic masquerades.

Academic:

- M.B.B.S –undergraduate level – more than 15years
- Post Graduate (DNB) 4 years
- Post Graduate M.S Ophthalmology -13 years
- Previously Professor and HEAD OF THE DEPARTMENT of ophthalmology at Chettinad Health City and Chettinad Medical College
- Currently Professor of Ophthalmology at Sri Ramachandra Institute of Higher Education and Research

Awards/ Achievements:

- Qualified by ICMR in "Basic course in Biomedical Research"
- Gold medalist in MS Ophthalmology at Madras Medical College
- First price in Academic delegate quiz in TNOA conference in 2019
- Secretary of IMA Kelambakkam branch – actively involved in COVID prevention strategies and vaccination, Campaign against mixopathy.