



Our services

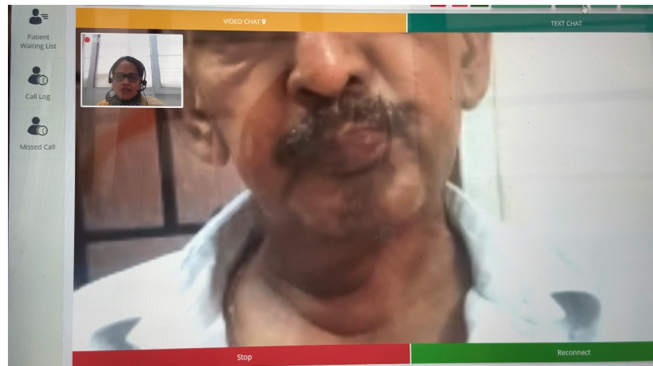
We carry out assessment and therapy for children and adults with feeding and swallowing disorders.

Instrumental assessments given below may be suggested if required.

- Flexible Endoscopic Evaluation of Swallowing (FEES)
- Modified Barium Swallow (MBS) / Videofluoroscopic Swallowing Study (VFSS)



Meet the Speech Language Pathologist for Assessment and Therapy for Feeding and Swallowing Disorders



For further information

SRI RAMACHANDRA MEDICAL CENTRE

Dept. of Speech Language and Hearing Sciences,
2nd Floor, Smt. Kamalam Ramasamy
Health Science Block,
Contact: 044 - 24769816 - Extn : 320/321
Website: www.sriramachandra.edu.in

Online Consultation

www.sriramachandramedicalcentre.com

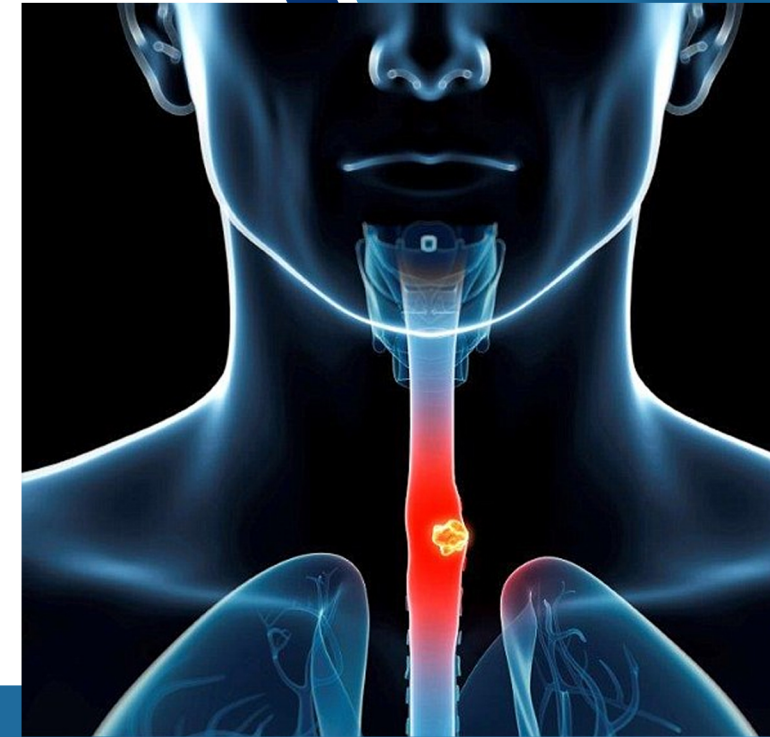


SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Category - I Deemed to be University) Porur, Chennai

Department of Speech
Language and Hearing Sciences



DYSPHAGIA



of making a difference in clients with
communication & swallowing disorders

What are feeding and swallowing disorders/ Dysphagia?

- Dysphagia is any difficulty in eating and sending food down to the throat, food pipe and finally to the stomach. It may occur due to any structural and functional impairment of the mouth, throat or food pipe.
- Such difficulties may happen for anyone from infants to elderly.

Causes of Dysphagia

Infants & Children

- Prematurity and low birth weight
- Nervous system disorders like cerebral palsy or meningitis
- Cleft lip and palate
- Orofacial malformations
- Head and neck problems
- Autism Spectrum Disorder and other developmental disorders

Adults & Elderly

- Stroke
- Spinal cord injury
- Acquired brain injury / traumatic brain injury
- Dementia
- Progressive neurological disorders like Parkinson's Disease etc.
- Head and neck cancer
- Surgery, radiation and/or chemo-radiation for head and neck cancer treatment



Common signs of feeding and swallowing difficulties in Children

Your child may have a feeding or swallowing problem if they show a few or more signs given below

- Becomes stiff when feeding
- Cries or fusses when feeding
- Has difficulty breastfeeding or poor sucking
- Difficulty breathing during eating or drinking
- Takes a long time to eat
- Frequent spitting or vomiting
- Frequent low grade fever and cold
- Drooling
- Poor chewing
- Pocketing of food in mouth
- Avoids / eats only certain food textures
- Coughs or gags during eating
- Change in voice (wet or gurgly voice) during or after eating / drinking
- Difficulty in gaining weight

Common signs of feeding and swallowing difficulties in Adults

- Complaint of pain while swallowing
- More effort and time needed to chew or swallow
- Frequent coughing during or after eating
- Breathing difficulties while eating
- Complaint of food getting stuck in mouth/throat or chest area
- Food or liquid comes out of the mouth while eating
- Food sticking or remaining in the mouth after swallowing
- Coughing / Choking / throat clearing while eating / drinking
- Not eating / avoiding specific textures of food like solids / liquids
- Weight-loss
- Dehydration
- Difficulty in swallowing medicines

