



SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Category - I Deemed to be University) Porur, Chennai

**Sri Ramachandra Faculty of Allied Health Sciences
and**

Central Research Facility

organizes

**Seminar on
Perspectives of Research in Yoga**

On account of

International Day of Yoga

Theme

Yoga for Humanity

Date & time

20.6.2022

2:00 pm

Venue

SLHS Seminar Hall,

Kamalam Udayar Block, 1st Floor

Jointly organized by:

Department of Mind Body Medicine and Lifestyle Sciences

Department of Speech Language and Hearing Sciences

Join us virtually at: meet.google.com/njf-egyj-ipw

Programme Schedule

2.00 pm	Invocation and Opening remarks	
2.10 pm	Quality control in yoga research	Dr. Neethinakumar Patil Head, Dept. of Integrated Medicine, Sri Devraj Urs Academy of Higher Education and Research, Kolar
2.30 pm	Benefits of yoga on mental health	Smt. Divya Kanchibhotla, Executive Director, Sri Sri Institute for Advanced Research, Art of Living Bangalore
2.50 pm	Research presentations by PhD Scholars	Dr. Shobana R Dr. Archana B Ms. Haritha Dhanasekar
3.30 pm	Question and answer session Concluding Remarks	