



**Sri Ramachandra  
Institute of Higher Education & Research  
(Deemed to be University)**

Towards a Healthier Tomorrow Together  
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***Refresh 2019***

**A Summer Conference in OBGYN**

3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> May 2019  
Seminar Hall, College Building, Second Floor  
Sri Ramachandra Medical College, Porur,  
Chennai 600116, TamilNadu.



**Dear Friends & Colleagues!!!!**

We, the Department of Obstetrics & Gynaecology welcome you all for the **Fourth Edition of "Refresh 2019"** – A Summer Conference in OBGYN at Sri Ramachandra Institute of Higher Education & Research, Porur , Chennai, **on 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> of May 2019.**

This summer conference is preceded by **Pre-Conference Hands on Ultrasound Workshop on Fetal Growth & Doppler** by Safe Motherhood Committee of FOGSI . This is being conducted by Fetal Medicine Division of the department, on 3<sup>rd</sup> May Friday, limited to 20 registered Delegates.

**Free paper & Poster presentation on any topic in Obstetrics & Gynaecology** is open to Undergraduates, CRRIs & Postgraduates on 3<sup>rd</sup> of May (Friday) from 01.00 - 04.00 pm

Distinguished teacher & Eloquent Orator **Prof. P C Mahapatra** will deliver "Srimathy Kamalam Ramasamy Udayar Oration In Obstetrics & Gynaecology" on 5<sup>th</sup> May Sunday .

We are bringing in a bouquet of interesting topics that are of practical clinical interest. We have invited speakers who will do ample justice to the topics given and help us extract consensus from controversy.

**Welcoming you all for this Annual Summer Conference!!!!**

Come, *Refresh* yourselves!!!

Dr. G Usharani  
HOD, Dept of Ob-Gyn, SRIHER  
Organising Chairperson

Dr. M. G. Dhanalakshmi  
Professor, Dept. Of Ob-Gyn  
Organising Secretary

Dr. N Palaniappan  
Dr. Chitra Andrew  
Professors, Dept Of Ob-Gyn  
Chairpersons, Workshop Committee  
&  
Team Refresh 2019

# Refresh 2019

A Summer Conference in OBGYN  
3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> May 2019  
Seminar Hall, College Building, Second Floor  
Sri Ramachandra Medical College, Porur, Chennai 600116, TamilNadu.

## Topics at a glance

### Srimathy Kamalam Ramasamy Udayar Oration in Obstetrics & Gynaecology

#### “Art of Vaginal Surgery”-Prof P C Mahapatra

**Keynote address-** Midwifery in Modern Obstetrics

**Keynote address-** Pitfalls in Parenting,  
—A Must Know for Parents & Grandparents

**Panel -**Obstetric Collapse

**Symposium** –Improving Fetal Outcomes

Growth Assessment Protocol (GAP)

Preventing Fetal Morbidity in labour

Reduced Fetal Movements –What next?

The Nano Neonate

Adherent Placenta-Are we facing an epidemic?

Obese woman in late pregnancy & labour

Cervical Shortening –When & How to intervene?

Cord blood and stem cell – Clearing the controversies

Caesarean Scar Pregnancy (CSP)-Management

Correction of Caesarean Scar Defect (CSD)

Screening for GDM-When will we ever come to a consensus?

At risk for Pre eclampsia - First Trimester Identification

Single fetal demise in twin pregnancy

—When & How to intervene?

**Panel - Share the Skills**

Tips for Safe Instrumental vaginal delivery

Difficult delivery in Caeserean section

Entry in scarred abdomen

Difficult hysterectomies

**Debate**-IUI vs ICSI in Borderline Abnormal Semen

HPV Vaccine in Cancer Cervix prevention

Surgical Strike in Ectopic Pregnancy –When?

Nocturnal enuresis in Adolescent Girls

Second Trimester Terminations-Safe Zones

Hard Nut to Crack

- Ovulation Induction in Resistant PCO

Vaginal reconstruction –lessons learnt

Newer Contraceptives-Quest for an ideal one

Urinary Incontinence

-When to refer to Urogynaecologist?

Unexpected malignancy during Surgery

-Guidance from the Expert to the Generalist

*Refresh 2019*  
**Pre-Conference Workshop  
by Safe Motherhood Committee of FOGSI  
on Fetal Growth & Doppler**

**3<sup>rd</sup> May Friday**

**Coordinators** : Dr. N. Palaniappan, Dr. Chitra Andrew

**Facilitators** : Dr. K. Manikandan, Dr. Lakshmi Shanmugasundaram, Dr. Uma Ram ,  
Dr. Aarthi M. Rangaraj

**Demonstrators** : Dr. Madhumathi D, Dr. Archana A ,Dr. Sowmya R, Dr. Nithya Rajesh,  
Dr. Sunantha Perumal, Dr. Iyswerya G.T.

**Identification of fetal growth restriction and understanding of Doppler basics will be discussed. In addition newer modalities such as preeclampsia prediction and the application in daily practice will be discussed by experts in the field. Hands on learning with trained Fetal Medicine consultants. At the end of this session the participant will be able to take basic biometry sections and umbilical and Middle cerebral artery Doppler waveforms confidently.**

- Placenta: Critical Events and Exchange Efficiency
- Down Stream Resistance: Central Concept
- Why predict the early onset fetal growth restriction
- Dating and Biometry: Tips to Perfection
- Doppler: Essential Physics and Basic Rules
- Uterine Artery: Transabdominal and Transvaginal
- Umbilical and Middle Cerebral Artery: Technique and Pitfalls
- Ductus Venosus: Technique and Pitfalls
- Fetal management of Early and late FGR

# Refresh 2019










A Summer Conference in OBGYN

3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> May 2019

## Registration details

<b>Consultants</b>	Conference	Rs 2537
	Workshop	Rs 6000
	Conference+Workshop	Rs 8537
<b>Postgraduates</b>	Conference	Rs 1062
	Workshop	Rs 6000
	Conference+Workshop	Rs 7062

## Our Bank Details for online payment

 Name of the Bank	➤	City Union Bank
 Branch Name/Code	➤	Ayyappanthangal / 300
 Bank Address	➤	No 1, Ramachandra Nagar, Ayyappanthangal, Chennai 600056
 Account Holder Name	➤	Sri Ramachandra Institute of Higher Education & Research
 Account Type	➤	Current Account
 Account Number	➤	510909010044955
 IFSC/RTGS Code	➤	CIUB0000300
 MICR Number	➤	600054038
 Bank Ph No	➤	044-24765445 / 91-9382270974

With the payment details log on to [portal.sriramachandra.edu.in](http://portal.sriramachandra.edu.in)  
and fill up the Online Registration Form and submit.

## Spot Registration-for Conference only (By Cash )

For Consultants	Rs 3000
For Postgraduates	Rs 1200 (Bring your ID Card Please)

## Conference Secretariat

Refresh 2019, Department of Obstetrics & Gynaecology,  
Third Floor G Block

Sri Ramachandra Institute of Higher Education & Research,  
Porur, Chennai 600 116

Mobile : 91 8778498938 Email: [ogrefresh2019@gmail.com](mailto:ogrefresh2019@gmail.com)

Website : [www.sriramachandra.edu.in](http://www.sriramachandra.edu.in)

**Online Registration starts from 25<sup>th</sup> March 2019 !!!**

**Online registration closes on 30<sup>th</sup> April 2019!!!**



### Invited Faculty

Dr Savitri Subramanyam	Chennai	Dr P C Mahapatra	Cuttack
Dr Evita Fernandez	Hyderabad	Mrs Usha Ramakrishnan	Chennai
Dr Ashwath Kumar	Thrissur	Dr Nuzhat Aziz	Hyderabad
Dr Aarthi M Rangaraj	Chennai	Dr Paily V P	Aluva
Dr Bose J C	SRIHER	Dr Parasuram Gopinath	Kochi
Dr Cynthia Alexander	Chennai	Dr Periyandavar I	Chennai
Dr Ezhilarasan R	Chennai	Dr Premalatha P B	Chennai
Dr Geethalakshmi A	Chennai	Dr Premalatha R	Chennai
Dr Gowri Durairaj	Pondicherry	Dr Ram Rajagopal	SRIHER
Dr Hephzibah Kirubamani	Chennai	Dr Rekha Kurian	Chennai
Dr Jaishree A Gajaraj	Chennai	Dr G Rohini	Chennai
Dr Jayashree K Srinivasan	Chennai	Dr Sanjeeva Reddy N	SRIHER
Dr Jayashree M	Pondicherry	Dr Sathyalakshmi B	Erode
Dr Jikki Kalaiselvi	Chennai	Dr Shanthi Dinakaran	Chennai
Dr Kalaivani K	Chennai	Dr Shanthi Sivakumar	Chennai
Dr Kalaivani Ramalingam	Chennai	Dr Sheila Leonard	Chennai
Dr Kameswari Surampudi	Hyderabad	Dr Shobha S	Chennai
Dr Krishnakumari	Hyderabad	Dr Shobha Gudi	Bengaluru
Dr Krishnamoorthy R	SRIHER	Dr Shobhana Mahadevan	Chennai
Dr Kundavi Shankar	Chennai	Dr Siddhartha	SRIHER
Dr Kurian Joseph	Chennai	Dr Sumana Manohar	Chennai
Dr Lakshmi Shanmugasundaram	Chennai	Dr Tamilselvi A	Chennai
Dr Madhini V	Chennai	Dr Umaiyal Murugesan	Chennai
Dr Malarvizhi K L	Chennai	Dr Uma Ram	Chennai
Dr Manikandan K	Chennai	Dr Vijayalakshmi Gnanasekaran	Chennai
Dr Nazira Sadique	Chennai	Dr Vijaya S	Chennai
Dr Nirmala Jayasankar	Chennai		



**Refresh 2019**

**03.05.2019 Friday**

Seminar Hall ,College building ,Second floor  
Sri Ramachandra  
Institute of Higher Education & Research,  
Porur ,Chennai-600 116

### General Guidelines for Paper & Poster Presentations

Postgraduate Delegates wishing to present papers or posters should register for the conference.

**Undergraduates & CRRI's need not register for the Conference ,but need to fill up Online Abstract Form available in [portal.sriramachandra.edu.in](http://portal.sriramachandra.edu.in) .**

The Contestants need to enter their respective Category in Abstract form .

**The Contestants can mail the Abstract form to [ogrefresh2019@gmail.com](mailto:ogrefresh2019@gmail.com)**

The Certificates and Prizes will be given on Sunday at Valedictory Function

### Guidelines for Free Paper Presentation

The contestants should report to seminar Hall ,college building ,Second floor by 12.00 noon

Kindly load the presentation in the system in Seminar Hall, in the presence of a coordinator.

Presentation should be in PowerPoint mode in compatible form.

Presentation is ONLY for eight minutes with two minutes for discussion.

Standard format for paper Evaluation will be used for adjudging the papers

Judge's decision is final

### Guidelines for Poster presentation

The contestants should report to Seminar Hall , College building ,Second floor by 12.00 noon

Poster should be 3 feet in breadth & 4 feet in height.

Kindly fix the Poster in the allotted space in Seminar Hall, in the presence of a coordinator.

Candidate should be beside the poster when judges come for assessment

The discussion can be up to ten minutes for each poster

Standard format for poster Evaluation will be used for adjudging the Posters.

Judge's decision is final



## Team Refresh 2019

### **Organising Chairperson**

Prof Usharani G

### **Organising Secretary**

Prof M G Dhanalakshmi

### **Treasurer**

Dr Alka N

Dr Madhumitha C

### **Scientific Committee**

Prof Jaya Vijayaraghavan

Prof Pushpalatha Barua

Prof Lalitha Devadason

Prof Usha Vishwanath

Prof K S Rajeswari

### **Free paper & Poster**

Dr Onimi Syamala

Dr G N Vasanthalakshmi

Dr Preet Agarwal

Dr S Bhuvana

### **Travel & Accomodation**

Dr T P Sindhuja

Dr Kiruthiga T

### **Online Registration**

Dr Archana A

Dr Sowmya R

### **Workshop Committee**

Prof Palaniappan N

Prof Chitra Andrew

Dr P S N R S Sirisha

Dr Madhumathi D

Dr Archana Rajesh

Dr Sowmya R

### **Reception**

Dr M Sarmishta

Dr Sathya P

Dr Sindhu Sree G

Dr Nandhini J

### **Catering**

Dr Shruthi Prashanth

Dr Swetha Gulabi

### **Executive Committee**

Dr Muthulakshmi D

Dr Priyadharshini M

Dr Urvashi Jain

Dr Swathi Surapaneni

Dr Mirunalini T

Dr Nandini L

Dr Padmapriya B

Dr Ritika Sethia