

## Area of Research Expertise

Adolescents health Geriatric health

### Resource persons/ invited guest speakers

S. No	Name	Conference/ workshop/ Seminar	Topic	Place	Date
2	Dr. Aruna. S	National conference	Health care innovations through advanced nursing research and practice,	Mangaluru, Karnataka	29.6.2016
3	Dr. Aruna. S	CNE programme	Reemerging diseases, realizing the reality	Saveetha College of Nursing, Chennai	4.12.2014

### Awards and Recognitions of faculty

S. No	Name Designation	Name of the recognition/ award	Level of recognition& year
1	Dr. Aruna. S	<b>Bursary Award</b> of £1,500 to attend the 11 <sup>th</sup> palliative care congress at Glasgow, Scotland, UK. To present the paper on Socio-Demographic Determinants of Holistic Needs among Hospitalized Terminally Ill Indian Patients	International 9 <sup>th</sup> to 11 <sup>th</sup> March 2016
		<b>Thiru. Govinda Rao Best Research Publication Gold Medal</b> - Faculty of Nursing” for best publication from the university (Sri Ramachandra University) for the year, under the Faculty of Nursing for a large number of indexed publications in Nursing.	Regional Recognition 2014
		<b>International paper presentation-</b> on effectiveness of cognitive behavioural nursing strategies on premenstrual syndrome among adolescent girls during 2 <sup>nd</sup> annual Worldwide Nursing Conference 2014 organised by global science and technology forum, Singapore.	International June 2014
		Best paper award during 1 <sup>0th</sup> International Nurses Conference at Chennai on “Premenstrual syndrome and depression among school students.”	International Jan2014

## Workshop, training undergone by faculty

S. No.	Name of the faculty	Name of the Event	Venue	Year/Date
1	Dr. Aruna. S	Research capacity building workshop on Twenty top-tips from editors for improving your article submission	SRU	19 <sup>th</sup> -27 <sup>th</sup> Sep. 2016
2	Dr. Aruna. S	Workshop on <b>Grant and publication writing</b> by Mc Cloughlin conducted	SRU	14.9.2015
3	Dr. Aruna. S	Workshop on <b>ICT in teaching</b> learning & research	SRH	6.3.2015
4	Dr. Aruna. S	Workshop on recent advances & challenges in cancer survivorship care conducted by Faculty of Nursing,	SRU	31.1.2015
5	Dr. Aruna. S	Participated in the “Training of Trainers” on Tuberculosis under the Global fund to fight AIDS, Tuberculosis and Malaria (GFATM) Round -7.	College of Nursing, Christian Medical College and hospital, Vellore	16 <sup>th</sup> to 18 <sup>th</sup> June 2014
6	Dr. Aruna. S	Workshop on “Use of SPSS in data analysis” from, Organized by	Dept. of Bio-Statistics, National Institute of Epidemiology (ICMR), Chennai.	18 <sup>th</sup> to 20 <sup>th</sup> December 2013
7	Dr. Aruna.S	UGC sponsored National Level Workshop on “Soft Skills Development for Faculty Members”	Annamalai University.	28 <sup>th</sup> to 29 <sup>th</sup> March 2014

## Membership in committees

Faculty	National Committees	Editorial Boards	SRU Committees
Dr. Aruna. S	Joint Secretary- Nursing PhD Society	SRNJ co editor, Editorial member in TJPRC International Journal of Nursing and Patient Safety and care	Student research committee, Joint Secretary of Alumni Association of Sri Ramachandra University, Executive member in alumni association , FON, SRU

## PUBLICATION

- Revathi S, Buvana G. Postpartum depression - A prospective cohort study. Elixir Nursing. 2016; 95: 40790- 40798
- Jiss Varghese, Aruna S, Vijayasamundeswari P. Evaluation of a Nursing Intervention for Pediculosis Human Capitis in Rural Female School Students and their Mothers in Thiruvallur District, India. International Journal of Nursing education. 2016; 8(3).
- Mahadevi M., Rajeswari S, Sumathi G, Aruna S. Effectiveness of diaper rash preventive strategies on knowledge practice of primi mothers and occurrence of diaper rash among their newborn. Journal of Science, Nursing, 2016; 6(8):391-399.
- Nalini S, Lisy Joseph & Sathya K. Knowledge on Drug Abuse among Nursing Students. International Journal of Current Advanced Research. 2016; 5(8): 1168- 1169.
- Vijayalakshmi,K, Revathi S, & Latha Venkatesan. Validity of objective structured practical examination in psychiatric nursing. The Journal of Nursing Trendz. 2016; 7(1):16-20.
- Therese P, & Revathi.S. Effectiveness of nutritional interventions for anemia on maternal and fetal outcomes among antenatal women in selected villages in Trichy district, TamilNadu State, South India. Global Journal of Research Analysis. 2015; 4(12): 48-50.
- Suja B, Aruna S , Susila. C, Jayasri N. Effectiveness of Planned Teaching Programme on Knowledge and Attitude of Adolescent Regarding Reproductive Health in Selected Rural School - A One Group Pre-Test and Post Test Design. International Journal of Comprehensive Nursing. 2015; 2(7):10-14.
- **Nalini S**, LisyJoseph. Level of motivation to remain abstinence among patients with alcohol dependence. Journal of Science. 2015; 5 (7): 472- 475.

- **Lisy Joseph**, Ramakrishnan T.V, Nalini S. Sleep Quality among Elderly Residing at Selected Old Age Home at Chennai. *Journal of medical science and clinical research*. 2015; 3(7): 6772-6777.
- **Aruna S**. Effectiveness of cognitive behavioural nursing strategies on premenstrual syndrome among adolescent girls. *Proceedings of 2<sup>nd</sup> annual worldwide nursing Conference*. 2315 – 4330, June2014; 148-156.
- Kavitha M, Aruna S. Knowledge on complications of diabetes mellitus among patients with diabetes mellitus. *International Journal of Comprehensive Nursing*, Jun 2014; 1(1):18-20.
- Suja B,.Aruna S. Knowledge on reproductive tract infection among married women at selected rural area. *International Journal of Comprehensive Nursing*, Jun 2014; 1(1):21-23.
- **Kumutha V, Aruna S.** and Poongodi.R. Effectiveness of progressive muscle relaxation technique on stress and blood pressure among elderly with hypertension. *IOSR Journal of Nursing and Health Science*, Jul-Aug 2014; 3: 1-6.
- **Rubanprem Kumar S.A, Aruna S.** and Sasikala.M. Effectiveness of hand hygiene teaching on knowledge and compliance of hand washing among the students at a selected school in Mugalivakkam village, Kanchipuram District. *IOSR Journal of Nursing and Health Science*, Jul-Aug 2014; 3(4): 1-6.
- **Rajeswari S** , Aruna S, Santhi S. Maternal weight gain on labour and neonatal outcomes among post natal mothers at selected hospital at Chennai. *The Journal of Nursing Trendz*, Sep-Dec 2014; 5(3).