

Faculty Name: -Dr.Nalini S J

Degree: -M. Sc (N), Ph.D

Designation: -Professor cum Principal

Area of Research Expertise: -Women's health, Palliative care, Diabetes

Projects conducted (Internal/ External):-

S.No	Title of the project	Name of the project leader	Name of the funding agency	Start ed Year Dura tion &	Total Grant(Rs. in lakhs)	Comple ted/ On going	Collabor ation
1	Cross national understanding of terminal suffering among hospitalized South Asians: A mixed methods study	D.S.J Nalini	Gate project	2014	100000		Internatio nal
3.	Do midwifery schools meet the TCM (international confederationof midwives) Gold standards of Midwifery Education?- A 10 country International comparative evaluation study.	D.S.J Nalini Dr.S.Rajeswari	Gate Project	2017	Self funding	Ongoing	Internatio nal
4	Impact of peer education programme on metabolic control indicators and quality of life among patients with type 2 diabetes in south Indian ruralpopulation	Dr.Aruna, Dr.Preetam Arthur, Dr.S.J.NalinDr. Sreelekha&Dr. R.Poongodi	Gate project research grant, SRU	2017 1 year	100000	ongoing	Inter institutio n al
5	A study to assess the prevalence and risk factors of urinary incontinence among postnatal women and their quality of life	R.Rajalakshmi, B.Sc. (N) postbasic I year (Guide: Dr.S.J.Nalini, Co-GiudeDr.S.Raje swari)	Chance llor's Summe r Researc h Fellowship, SRIHE R (DU)	2018	Rs.10,000	Ongoing	
6	Evaluation of efficacy	G.Swathi B.Sc.	Chance	2018	Rs.10,000	Ongoing	

	of automated Ambu Bag on ventilation parameter in simulated setting	(N) postbasic I year (Guide:Dr.S.Rajeswari. Co-Guide:- Dr.S.J.Nalini)	llor's Summer Research Fellowship, SRIHER (DU)				
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Awards

S.No	Name of the award	Name of the awarding agency	Level of recognition	Date and year
1	Best paper	National nursing research society of India at MGM college of Nursing, Navi Mumbai	National recognition	28.11.2019
2	Bursary award	Palliative care Congress, Glasgow	International recognition	7.3.16
3	Best paper	Nursing Ph.D society.SRM university	State recognition	23.11.16
4	Aspiring Research Ambassador	SRU	Regional recognition	Feb 2017

Guest Speaker

No.	Year	Activity	Event	Title	Organizing agency
1.	July 24 th 2014	Resource person	National conference on evidence based nursing practice	Outcome research in nursing practice	SRM College of Nursing, Kantankullathur
2.	August 25 th 2014	Resource person	CNE	National Assessment and Accreditation Council	Meenakshi College of Nursing, Mangadu, Chennai
3.	April 12 th 2015	Resource person	National conference	Legal and ethical issues related to Surrogacy and Nurses role	PIMS CON, Puducherry
4.	September 1 st 2015	Resource person	Pan African Network	Psychosocial needs of women	Pan African Network – Telemedicine dept

5.	November 21 st 2015	Paper presenter	12 th Society of Midwives Conference	Clinical, Microbiological and cytological smear examination of women with vaginal discharge	Yenepoya University, Mangalore
6.	May 5 th 2015	Resource person – Panel discussion	Midwifery day	Midwifery and quality of care-Past, Present and Future Perspectives Forum	Apollo college of Nursing, Chennai
7.	July 30 th 2015	Resource person	National Nursing Conference	Nurse Practice Act – Draft preparation	Global Hospitals, Chennai
8.	Nov 2015	Resource person	National conference	Skilled care – Making safe motherhood possible	Mohamed Sathak College of Nursing, Chennai
9.	January 18 th 2016	Resource person	National conference	Neonatal Nurse Practitioner	Madha College of Nursing, Chennai
10.	February 19 th 2016	Resource person and Chief guest, Valedictory session	National workshop	Systematic reviews and Meta analysis	NITTE Institute of Health Sciences, Mangalore
11.	February 17 th 2016	Resource person	Faculty education program	National Assessment and Accreditation Council	Apollo College of Nursing, Chennai
12.	May 6 th 2016	Resource person	CNE	How to structure a qualitative research design	Saveetha University, Chennai
13.	March 9 th 2017	Resource person	State level workshop on Systematic reviews	Assessing the risk of bias in the included studies in the systematic reviews	Apollo College of Nursing, Chennai
14.	March 27 th 2017	Resource person	National level conference	1.Role of Annual quality assurance report in continuous quality improvement 2. Academic Audit – Global standards and where do we stand? – Chairperson, Panel discussion	JSS University, Mysore
15.	September 23 rd 2017	Resource person	In house one day Workshop -	Curriculum planning, development and	Sabari College of Nursing, Pondicherry

				evaluation	
16.	7 th October 2017	Session chairperson Resource person	Workshop on OSCE / OSPE	Reflections on OSCE/OSPE implementation Reliability and validity of OSCE/OSPE	Omayal Achi College Of Nursing, Chennai
17.	29 th November 2017	Resource person	National conference	Obstetric drugs	Arulmigu Meenakshi College of Nursing, Enathur, Kancheepuram
18.	19 th Jan 2018	Resource person	2 nd International nurses conference on Voice of Midwives – Revitalizing the reproductive health	Addressing Perinatal Emotions – Midwives role	Kasturba CON, Sri Balaji Vidyapeeth, Pondicherry
19.	28 th February 2018	Resource person	3 rd National conference Current Challenges and innovations in Nursing Practice – Synergising towards excellence	Skill gap analysis	T John College of Nursing, Bangalore
20.	23 rd March 2018	Resource person	Conference on Ethics in Research	Plagiarism: How to handle?	Apollo College of Nursing, Chennai
21.	13 th April 2018	Resource person	State level seminar in Trends in reproductive Endocrinology	Physiology of Menstruation and menstrual abnormalities	Gokulam College of Nursing, Salem
22.	10 th May 2018	Resource person	State level workshop	Research designs	Govt. College of Nursing, Bangalore
23.	8 th June 2018	Invited participant	Training in culture and nursing care	Culture and Nursing care	Health Unit, US Consulate, Chennai
24.	28 th & 29 th June 2018	Resource person	Faculty Development program	a. Driving forces for change: quality and cost concern b. Challenges for nurse educator	Kalinga Institute of Nursing Sciences, KIIT Campus, Bhubaneswar
25.	3 rd August 2018	Resource person	State level seminar: Love in	Facts and folktales of breastfeeding	PSG College of Nursing,

			every drop- Mom's secret		Coimbatore
26.	21 st Jan 2019	Resource person and judge	National conference on QUANT-QUAL	Mixed methods research	Laxmi Memorial College of Nursing, Mangaluru
27.	March 27 & 28 2019	Advisory committee member/ resource person/ panelist/ Chairperson/ Evaluator	Second National conclave on Exploring novel perspectives in advanced nursing and research	Systematic reviews and meta analysis Current issues and challenges in nursing research and publications	Sharda University, Greater Noida, UP
28.	26 th April 2019	Resource person	National conference on Integration between nursing education and service- Need of the hour	Gap between academic and clinical education and training – Why? How? Where?"	MMM College of Nursing, Chennai
29.	26 th April 2019	Resource person	National conference on Integration between nursing education and service- Need of the hour	Integration of nursing education and service – Dual role- Unique model- Success secrets, College of Nursing, SRIHER (DU)	MMM College of Nursing, Chennai

Recognition

1. Executive member & contributor editorial board member for the journal of Nursing education & administration published by TNNMC
2. Export core committee member to develop OSCE manual for Nursing procedure
3. Adhoc inspector for Inspecting Nursing institutions appointed by TNNMC
4. Member of Executive committee for St,John ambulance Association, Tamil Nadu

CONFERENCE/WORKSHOP TRAINING UNDERGONE

S.No	Name of the conference/workshop	Month, date and Year
1	X International Nurses Conference Faculty of Nursing, SRIHER	6.1.2014 to 8.1.2014
2	2nd annual Worldwide Nursing Conference 2014 organized by Global Science and Technology Forum, June 2014, Singapore.	23.6.2014 to 24.6.2014
3	CITI international conference, SRIHER	1.7. 2014
4	National conference on evidence based nursing practice, SRM College of Nursing, Kantankullathur	24.7.2014
5	I National conference by Nursing PhD society, SRIHER	27.10. 2014
6	XI International Nurses Conference Faculty of Nursing,	5.1.2015 to 7.1.2015

	SRIHER	
7	National conference ,PIMS CON, Pondicherry	12.4. 2015
8	12th National conference for society for midwives at Yenepoya University, Mangalore	21.11.2015
9	XII International Nurses Conference Faculty of Nursing, SRIHER	5.1.2016 &6.1.2016
10	International Conference on pillars of midwifery- insight, information, intuition at Mohamad Sathak A.J College of Nursing, Siruseri, Chennai	11.1.2016-12.1.2016
11	National conference, Madha College of Nursing, Chennai	18.1.2016
12	National workshop at NITTE Institute of Health Sciences, Mangalore	19.2.2016
13	1 st palliative care congress at Glasgow, Scotland, UK on 9th to 11th March 2016	9.3.2016 to 11.3.2016
14	Participated in the "Author connect workshop" organized by Elsevier	4.10.2016
15	National Psychiatric nursing Conference by The Department of Psychiatric nursing, Faculty of Nursing, SRIHER	15.10. 2016
16	Nursing Ph D society conference ,SRM College of Nursing	23.11.2016
17	XIII International Nurses Conference, Faculty of Nursing, Sri Ramachandra University	4.1.2017 &5.1.2017
18	Participated the work shop on SPSS (Statistical package for social science at SRU)	27.1.2017
19	Participated in the Dr.S.Thanikachalam Endowment Oration Programme, Organized by FON , SRU	4.3. 2017
20	State level workshop on Systematic reviews, Apollo College of Nursing, Chennai	9.3.2017
21	National level conference at JSS University, Mysore	27.3. 2017
22	State level workshop on OSCE, Organized by FON , SRU	20.5. 2017
23	Participated the 2 nd state level workshop with the theme" Test construction and item writing	12.9.2017
24	Workshop at Sabari College of Nursing, Pondicherry	23.9 .2017
25	Workshop on OSCE / OSPE at Omayal Achi College of Nursing, Chennai	7.10.2017
26	Participated the 3rd National Conference at Arulmigu Meenakshi College of nursing, Kancheepuram	29.11.2017
27	Participated in 14 th international conference Better health care exploring possibilities, Faculty of Nursing, SRU	10.1.2018- 11.1.2018
28	2 nd International nurses conference on Voice of Midwives – Revitalizing the reproductive health,Kasturba CON, Sri BalajiVidyapeeth, Puducherry	19.1. 2018
29	3 rd National conference Current Challenges and innovations in Nursing Practice – Synergizing towards excellence, T John College of Nursing, Bangalore	28.2. 2018
30	Conference on Ethics in Research ,Apollo College of Nursing, Chennai	23.3.2018
31	State level workshop Govt. College of Nursing, Bangalore	10.5. 2018
32	State level seminar: Love in every drop- Mom’s secret, PSG College of Nursing, Coimbatore	3.8. 2018

33	XXVII TNAI Biennial (76 th) Conference, Mapusa, Goa	15.12. 2018
34	Participated in 4 th National conference on Family Nursing: Way forward to sustain excellence, FON , SRU	8.1.2019&9.1.2019
35	National conference on QUANT-QUAL, Laxmi Memorial College of Nursing, Mangaluru	21.1. 2019
36	Second National conclave on Exploring novel perspectives in advanced nursing and research, Sharda University, Greater Noida, UP	27.3.2019 & 28.3.19
37	National conference on Integration between nursing education and service- Need of the hour, MMM CON , Chennai	26.4.2019
38	4 th State level workshop Paediatric emergency triage, assessment and treatment: Nurses' Role	9.8.2019
39	Simulation in Nursing Education	6.1.2020& 8.1.2020

Membership in Committees etc., (Internal/ External)

Internal Committee	External Committee
Member in BOS, Ph.D selection, Mission vision draft, Promotion, Academic senate & Board of studies, POC, Quality cell, IQAC, Humor club, Member NEU, Integration Safety and utility, NMC, Board of Research, CQC – & College Council.	BOS member in Meenakshi university, ACS College of Nursing Academic council member – Sabari College Nursing, Puduchery

List of Publications

1. Nalini SJ, Aruna S. Competency based clinical program for Baccalaureate Nursing Students: A Need Based Analysis. The Nursing Journal of India. 2019; CX (3): 142.
2. Rachel K, Nalini SJ, Revathi R. Association between symptom experiences with bio-physiological parameters of hemodialysis patients during AV-fistula cannulation. Trends in Medicine. 2019.
3. Malarvizhi M, Nalini SJ, Jayamohan Raj, UshaVishwanath. Evaluating the effectiveness of Progressive Rehabilitation Therapy (PRT) among women with breast cancer-related lymphedema (BCRL): A pilot study report. Indian Journal of Palliative care.2019;25(2S): 260.
4. Venkatesan.B, Ramakrishnan.T.V., Vijayalakshmi G, Nalini S.J. Effect of counseling on alcohol dependence among patients with alcoholic liver cirrhosis. International Journal of Advanced Innovation and Research. 2019; 6(1).
5. Venkatesan B. Ramakrishnan.T.V., Vijayalakshmi G, Nalini S.J. Effect of psycho-education on Knowledge regarding cirrhosis of liver among patients with alcoholic liver cirrhosis. International Journal of Innovative Knowledge Concepts. 2019 Feb 27; 7(2):147-50
6. JayaSalengia B, Rajeswari S, Nalini S. The relationship between maternal confidence, infant temperament, and postpartum depression. Iranian journal of nursing and midwifery research. 2019 Nov; 24(6):437.

7. Venkatesan.B, Ramakrishnan.T.V.,Vijayalakshmi G, Nalini S.J, Assess the HRQL and biochemical changes among patients with alcoholic liver cirrhosis. *International Journal of current Advanced Research*. 2018.
8. Tamilselvi S, Nalini SJ, Vijayaraghavan R. Effectiveness of Self Help Strategies {SHS} for PCOS among Young Adult Girls at Selected Colleges at Chennai-Pilot study report. *Research Journal of Pharmacy and Technology*. 2018 Jul; 11(7):3145-8.
9. Dhanalakshmi V, Nalini S. J, Sureshkumar.D , AnithaRani.M, Assessment of Parental Anxiety on Unborn Child among First Time Child Bearing Couple. *International Education & Research journal*. 2018;4(7):25-26.
10. Dhanalakshmi V and Nalini.S.J. Assessment of Parental Attachment on Unborn Child Among First Time Child Bearing Couple, *International Journal of Current Advanced Research*.2018; 07(7):14055-14057.
11. Sailo ML, Jagadeesh NS, Ranganathan S, Duraipandian C. Effect of Peppermint Water on Prevention of Nipple Injury among Postnatal Mothers Subjected to Caesarean. *International Journal of Nursing Education*. 2018 Jan; 10(1).
12. RamasamyVenkatasalu M, SiralaJagadeesh N, Elavally S, Pappas Y, Mhlanga F, PallipalayamVaratharajan R. Public, patient and carers' views on palliative and end-of-life care in India. *International nursing review*. 2018 June; 65(2):292-301.
13. Sailo ML, Jagadeesh NS, Ranganathan S, Duraipandian C. Effect of Peppermint Water on Prevention of Nipple Injury among Postnatal Mothers Subjected to Caesarean. *International Journal of Nursing Education*. 2018 Jan 1;10(1).
14. JebirnaKiruba Mary, Fatima, Nalini SJ, Effectiveness of Selected Mind Body Interventions on Cortisol Level among Antenatal Women with Anxiety. *International journal of research in ayurveda& pharmacy*. 2017; 8(3).
15. Mary P, Jagadeesh NS, Vijayaraghavan R. Effectiveness of Healthy Eating and Active Lifestyle Intervention Program (Healip) on Physiological and Biochemical Parameters among Children with Obesity at Selected Schools in Chennai-A Pilot Study Report. *International Journal of Nursing Education*. 2017 Jul; 9(3).
16. Shriram V, Mahadevan S, Anitharani M, Jagadeesh NS, Kurup SB, Vidya TA, Seshadri KG. Reported hypoglycemia in Type 2 diabetes mellitus patients: Prevalence and practices-a hospital-based study. *Indian journal of endocrinology and metabolism*. 2017 Jan; 21(1):148.
17. Ester Mary, NaliniSiralajagadeesh, Vijayaraghavan, Childhood Obesity and Its Determinants among School Children, *Int J Pharm Bio Science*. 2017; 8(2):649-653.
18. Shriram V, Mahadevan S, Anitharani M, Jagadeesh NS, Kurup SB, Vidya TA, Seshadri KG. Reported hypoglycemia in Type 2 diabetes mellitus patients: Prevalence and practices-a hospital-based study. *Indian journal of endocrinology and metabolism*. 2017 Jan; 21(1):148.
19. Subramaniam A, Venkatasalu M, Jagadeesh N, Avudaiappan S, Kurup S, Ellavally S. Socio-Demographic Determinants of Holistic Needs among Hospitalized Terminally Ill Indian Patients: Poster No. 14. *Palliative Medicine*. 2016 Apr 1; 30(4).
20. Jagadeesh N, Venkatasalu M, Avudaiappan S, Subramaniam A, Ellavally S, Kurup S. Physical, psycho-social symptom burden and palliative care needs among terminally ill hospitalized patients in India. *Palliative Medicine*. 2016 Apr 1; 30(4).
21. Elavally S, Venkatasalu M, JagadeeshN,Subramaniam A, Avudaiappan S, Kurup S. Cross-cultural validation of the Sheffield Profile for Assessment and Referral for Care (SPARC) tool in assessing holistic needs among Indian patients with terminal illness. *Palliative Medicine*. 2016 Apr 1; 30(4).

22. Mary Metilda, Nalini SJ. Guided imagery – A glance, *International journal of advanced multidisciplinary research*. 2016;3(6):9-12
23. Mary AJ, Latheef F, Nalini SJ, Nagarathnamma R. Effectiveness of Selected Mind Body Interventions on Anxiety Related to Childbirth and Labour Outcome among Parturient Women Undergoing Medical Induction of Labour. *International Journal of Health Sciences and Research*. 2016;6(10):139-141
24. Kinglse Kishore Coumar, Nalini S J, Renuka. Effect of intradialytic stretching exercise on muscle cramp among patients undergoing hemodialysis. *International journal of Multidisciplinary research and development*. 2016;3(1):314-319.
25. Vijayapriya T, Rathinavel A, Gowri M, Nalini SJ. Nursing Contributions on Management of Patient with Hip Surgery. *International Journal of Nursing Education*. 2015; 7(4):131-6.
26. Vijayapriya. T., Rathinavel. A., Mangalagowri, Nalini S. J. Comprehensive Care Program On Pain, Functional Recovery, Nutritional Status And Occurrence Of Complication Among Patient With Hip Surgery. *Int J Pharm Bio Science*. 2015;6(4):647 – 651
27. Shriraam V, Mahadevan S, Anitharani M, Jagadeesh NS, Kurup SB, Vidya TA, Seshadri KG. Knowledge of hypoglycemia and its associated factors among type 2 diabetes mellitus patients in a Tertiary Care Hospital in South India. *Indian journal of endocrinology and metabolism*. 2015 May; 19(3):378.
28. Reena I, Nalini SJ. Effect of Lavender Oil Massage on Lumbosacral Region for Labour Pain and Progress among Primiparturients. *International Journal of Advances in Nursing Management*. 2015; 3(1):37-41.
29. Ms.Kalpana, S. S.Rajeswari, S.J.Nalini&Ms.Shini Varghese. Effectiveness of TrigonellaFoenum-Graecum seeds on menstrual distress among adolescent girls with Dysmenorrhea. *Journal of Science*.2014; 4(9): 563-568.
30. Resmy V, Nalini SJ, Sumathi G. Effect of Lukewarm Water Compress On Prevention Of Nipple Pain And Breast Engorgement Among Primiparous At A Selected Hospital In Chennai. *Journal of Science*. 2014; 4(10):620-4.
31. Nalini Sirala Jagadeesh. Evaluating an educative supportive nursing intervention for abnormal cervical smears among Indian women. *Global Science and Technology Forum Journal*. 2014.
32. Rincy K, Nalini SJ. Effect of fetal movement counting on prenatal attachment and maternal worries among primigravidae. *Asian Journal of Nursing Education and Research*. 2014 Apr 1; 4(2):224.
33. Ms.Kalpana, S. S.Rajeswari, S.J.Nalini & Ms.Shini Varghese. Effectiveness of TrigonellaFoenum-Graecum seeds on menstrual distress among adolescent girls with Dysmenorrhea. *Journal of Science*. 2014; 4(9):563-68