

Curriculum Vitae

DR.T.R.ASHOK,MBBS,MS (Orthopaedics)

Associate professor in Orthopaedic surgery

SRIHER, Porur, Chennai -600116.

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Educational background

Degree	College/University	Year of Completion
M.S. (Orthopaedic surgery)	Sri Ramachandra University Porur, Chennai-600116.	November 2010
M.B.B.S	Rajah Muthiah Medical college & Hospital, Annamalai university, Chidambaram.	February 2006

Work experience (13 years to present)

Designation	Name of Institution	Period
Associate Professor	Sri Ramachandra University, Porur, Chennai.	December 7th 2020 to present
Asistant professor	Sri Ramachandra University, Porur, Chennai.	May 2013 to December 2020 (9 years of experience in Paediatric orthopaedic to present)
Senior resident	Sri Ramachandra University, Porur, Chennai.	April 2010 – April 2013
Junior resident (Post graduate)	Sri Ramachandra University, Porur, Chennai.	April 2007 – April 2010

Junior residency (Casualty medical officer)	Apollo hospitals,sowcarpet,Chennai	April 2006 – October 2006
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Fellowship / Training

1.Fellowship in Orthopaedic surgery by 2017 at *Dartmouth Hitchcock medical centre,New hampshire,USA.*

2.*TNOA fellowship* by September 2019 at Ganga hospital,Cimbatore,Tamilnadu,India.

3.*Observership/training* on shoulder arthroplasty with *Dr.Ashish babhulkar at Deenanath Mangeshkar hospital in Pune* by January 2020.

Editor - JOJS journal

Indexing editor for *JOJS - Journal of Orthopaedics and joint surgery* by *TNOA - Tamilnadu Orthopaedic association* for the year 2023-24.

Scientific Reviewer
Asian journal of case reports
Journal of Pharmaceutical research international
MJAFI - Medical journal armed forces India
Asian journal of Orthopaedic research

Membership

S.No	Name of Association	Lifetime Membership
1	Tamil Nadu Orthopaedic association (TNOA)	LM/A/103
2	Indian Orthopaedic association (IOA)	LM 9332
3	Indian Medical association (IMA)	TN/ 24318/94/934/202579/2014-15/ L
4	POSI - Paediatric Orthopaedic society of India	LM 437
5	IMLEA -Indian Medicolegal and ethics association	Serail no.989 Lifetime Membership no.- S / Ortho/20/R-2

Workshop

(Medical education / Faculty development / Research methodology)

1, Attended **Faculty development workshop** by MCI at Sri Ramachandra University, Porur, Chennai by October 2013.

2, Attended Phd research Orientation programme at Sri Ramachandra University, Chennai by February 2014.

3, **Chairperson/Faculty** for CME on Management on complex fractures – An update by September 2014 at Hotel Green park, Vadapalani, Chennai.

4. **Faculty/Speaker** on Radiology of bone tumor for SCORE 2015 at SRMC, Porur, Chennai-116.

5. **Faculty/speaker** on foot&ankle for SCORE 2016 at SRMC, Porur, Chennai.

6. **Faculty/Organising committee** member for SRGAC 2016, at

SRMC,porur,Chennai.

7. **Faculty/Speaker** for AO Depuy syntheses organised ORP principles of fracture management course at srmc,porur,Chennai-116.

8. **Faculty** for SCORE 2017&2018,SRU,porur,Chennai-116.

9. Workshop on **Evidence based education and clinical practice** at SSMCRI part of IHRC by July 2019.

10. Workshop for Medical educationist -“**Train the Trainers**” at SRIHER on December 10th 2019. (TNMC- 4 credit points).

11. **Faculty / table instructor** for OTIHOC by Exactech at SRIHER by November 2019.

12. **Organising Faculty** for SCORE March 2020.

13. **Organising faculty** for 1st Online SCORE 2021 and 1st online Prof.SSKM oration 2021.

14. **Moderator** for conducting 1st online MS Orthopaedic SRIHER university exam 2020 and 2021 during COVID Pandemic.

15. Attended **Revised Basic course workshop and training in AETCOM by NMC organised by SRIHER- MEU** as a delagate by **July 2021** and *submitted a project on skills lab module for First year Orthopaedic postgraduate in view of new curriculum requirements.*

16. **Faculty / table instructor** for Depuy bone model workshop on TKR at SRIHER by October 2021.

17. **Faculty / table instructor** for Smith&Nephew bone model workshop on TKR at SRIHER by November 2021.

18. ICMR-NIE online course “COVID - Learn and Lead” by January 10th 2022.

19. Invited **Faculty/Speaker** on DAMA at IMLEACON 2021-2022 online conference on February 6th 2022.

20. Invited Judge for Poster assessment for BPT students on World Physiotherapy week by September 6th 2022.

21. Invited Speaker for “Work arthritis day” on OA - approach and management by October 12th 2022 at SRIHER, Porur,Chennai.

22.Faculty for IEAAF 2023 at Chennai.

23.Nominated faculty from Orthopaedics to attend online session on “ Technical consultation for role of transfusion medicine at ED” by March 2023 organised by Ministry of health and family welfare, New Delhi, Govt of India.

Thesis / Dissertation Guide - PGs / PhD students

Name of the Candidate	Thesis / Dissertation topic	Year of submission
Dr.C.Prabahkaran	Role of bone turnover markers and Ultrasound in predicting fracture healing.	2022
Dr.Lahoti Rishabh Harnarayan	Anthropometric measurements and its significance in Ponseti treated clubfoot	2023
Mr.Vivek Prasanna (Phd student)	The effectiveness of brief cognitive behavioural therapy on psychological distress among elderly patients undergoing orthopaedic surgery	ongoing
Dr.Gutta charith	Ultrasonographic morphometry of musculoskeletal structure in Ponseti treated clubfoot	Ongoing
Dr.Harish kumar		

Examiner / Invigilator /Reviewer / JOJS Editor

- 1.SRIHER Internal examiner for allied health courses / orthopaedic technologies.
- 2.Invigilator for SRIHER university examinations from 2010.
- 3.*External examiner* for Saveetha university from July 2019.
- 4.*External theory paper evaluator* for final year MBBS (orthopaedics) at BIHER, Chennai by August 2019.
- 5.External examiner and theory paper evaluator for Saveetha university for August 2021.
- 6.Reviewer for articles in referred and non-referred journals across medical specialities.
- 7.SRIHER internal exam paper evaluator for MBBS and Allied health sciences 2022.

8. Attended TNOA-JOJS first EC meet as Indexing editor at Chennai on April 16th 2023

SRIHER - Orthopaedic department responsibilities

1. **PG Registrar** of Orthopaedic department from March 2019 to March 2022
2. Orthopaedic department *camp coordinator* for Faculties and Postgraduates
3. Orthopaedic *mortality* incharge
4. NABH trainer and Dept Coordinator during NABH inspection. (Policy making, quality indicator, clinical pathway module).
5. *Organising Faculty* for SCORE from 2012 to 2022.
6. Anti-ragging committee member / Invigilator (Mess & boys hostel) campus activities.
7. Mentor for medical undergraduate students from 2019.
8. Moderated International webinar meet on PJI in collaboration with Orthopaedics and MEU, SRIHER on October 15th, 2020.
9. Thesis co-ordinator for Fresher MS Orthopaedic batch (2019-2021)
10. Awarded ten year service certificate on SRU founders day on September 20th 2021.
11. TNMC - CME credit hours completed for the year 2021-2022.
12. Organised Quiz / short mock exam during SCORE by March 2022.
13. ICC - Infection control committee member from January 2023 onwards for SRU Udayar block medical centre.
14. Faculty / speaker for SCORE March 2023 at SRIHER, Porur, Chennai.

Medical camp (conducted and organised)

1. SRU founders camp at Rasipuram, Tamilnadu by August 2014.
2. Childrens orthopaedic camp in association with Lions club at Panrutti, Tamilnadu by July 2015.
3. SRU founders camp at Rasipuram, Tamilnadu by September 2015.

4. SRU founders camp at Thiruvallur district on september 2017.
5. TTD camp, T.nagar, Chennai.
6. Government Chennai corporation relief camp 2018.

Publications (yearwise from 2012)

(TNOA / OASIS / Index Copernicus, Scopus /UGC Care Indexed & other journals)

1. Perioperative blood loss assessment-How accurate is it?. (*Journal of TNOA, Vol.38, Feb 2012*).
2. The MESS scheme and the management of complex lower limb injuries. (*Journal of TNOA, Vol.38, Feb 2012*).
3. Failure of Dynamic hip screw in intertrochanteric fractures. (*Journal of OASIS Vol:9, August 2012*)
4. Functional and radiological outcome of intercondylar fractures of distal humerus treated by surgical management. (*Journal of OASIS Vol:9, August 2012*)
5. Failure of Dynamic hip screw in intertrochanteric fractures. (*Journal of OASIS Vol:9, August 2012*)
6. Survival of dynamic hip screw in unstable intertrochanteric fractures. (*IOSR-JDMS, p-ISSN:2279-0861, vol-9, Sep 2013, PP 13-16*).
7. Analysis of functional and radiological outcome of THR in Rheumatoid and osteoarthritis patients. (*Open Journal of Rheumatology and Autoimmune diseases Vol.3No.4, November 2013*.)
8. Efficacy of Tranexamic acid in Total knee replacements in indian population. (*International Journal of Phytopharmacology.5(3), 2014, 230-232*).
9. To analyse and use the parameters in post-operative unstable intertrochanteric fractures treated using DHS fixation as guideline for re-operation. (*Int.Journal of Research in Orthopaedics Dec 2016/vol-2/ issue-4*).

10. Comparison of femoral and tibial torsion in spastic diplegics and spastic quadriplegics. (*IOSR-JDMS, VOL.16, issue-6, ver3, June 2017, pp01-03*).

11. Torsional differentiation of lower limb in children with cerebral palsy. (*EASJMS, Volume-3 | Issue-5 | May-2020 | ISSN: 2617-4421 (Print) & ISSN: 2617-7188 (Online)*).

12. Hip pain in children - Dilemmas in diagnosis and management a case report. (*IJRMS. 2020 August 8(8):3098-3101. pISSN2320-6071 | eISSN2320-6012*).

13. Perspective : Clinical practice Vs Publication - SWOT analysis, in (Indian Medico-legal and ethics association) *IMLEA journal* (Vol.09 I Issue : 04 I , Oct.-Dec. 2021).

***UGC care - indexed journal**

14. Patient satisfaction on trigger finger management. (*International journal of research in pharmaceutical sciences, ISSN 0975-7538, 10(4) 1-4, October 2019*).

15. Imaging in fracture surgeries - a tool for quality assessment. (*International journal of research in pharmaceutical sciences, ISSN 0975-7538, 11(2), 1679-1683, April 2020*).

16. Reserach in tertiary care centre -a SWOT analysis. (*Acta Scientific Orthopaedics 3.11 (2020): 33-36*).

17. Limb salvage in paediatric bone tumor. (*Srilanka journal of Child health, ISSN 2386-110x , 2021; 50(3); 546-569*).

18. Reactionary haemorrhage following elbow deformity correction. *IJMSCR, ISSN - 2209-2870, vol4, issue6, pgn0.1090-1093, Nov-Dec 2021*.

19. Planning and pitfalls in peri-implant fracture fixation. (*IJMSCR Volume 5, Issue 3, Page No: 341-344 May-June 2022*).

20. Proximal femur osteoid osteoma - Diagnosis and management a case series. (*Sri Lanka Journal of Child Health, September 2022; 51(3): 444-447*).

21. Orthopaedic preceptives of chronic non-bacterial osteomyelitis. (*IJMSCR, Sep-oct 2022, Vol 5, issue5: 748-753*).

22. Cruciate retaining total knee arthroplasty has a better 10 year survival than posterior stabilised total knee arthroplasty : systematic review and meta - analysis. (*Journal of experimental orthopaedics Feb 2023, 10:19*).

23.Pathological femur fracture in primary hyperparathyroidism (IJMSCR Feb 2023).

23. Compartment syndrome and its validation in skeletal injuries. (*International journal of recent surgical and medical sciences, March 2023 ISSN :2455 7420*)

Courses / Conference

TRAUMACON 2011 : April 2011
Kodaikanal, India.

NAILSCON 2011 : July 2011
Chennai, India.

2nd NATIONAL AOTRAUMA CONFERENCE,INDIA : April 2012
Mamalapuram,Chennai.

National Ilizarov conference and course : September2013
Goa, India.

CITI-International conference on ethics and responsible conduct of research at SRU,porur,Chennai by November 2014.

TNOACON, February 2015 : Salem,Tamilnadu

AO Trauma Masters-Upper extremity : October 2015,Chennai.

International Pelviacetabular surgeons cadaver workshop at MSRALC,Bangalore – 2016.

Chennai trauma course at Chennai – October 2016.

SRMC-DHMC,Arthroplasty course 2018 at SRU,Porur,Chennai.

SRMC- Depuy cadaver Arthroplasty course,June 2018 at SRU,Porur,chennai-116.

Stryker workshop on Dual mobility cup/Navigation in TKR,August 2018 at Chennai.

MIOT socket science course by October 2018 at Chennai.

AO trauma Pelvi-acetabular Masters class / workshop at Bangkok by January 2019.

IBOS second annual conference at SRIHER by March 2019.

International webinar on “*Whats then value in P-Values?*” Organised by dept of community medicine,DY Patil medical college Pune by 25th August 2020.
Faculty for IEAAF conferrence, Chennai - January 2023.

TNOACON 2023, as a delegate and take over as indexing editor and office bearer by February 10-12, Mamallapuram,Chennai.

Personal Profile

Name : T.R.ASHOK
Father's Name : Thiru.T.N.Ramanathan
Date of Birth : 03.06.1983
Gender : Male
Nationality : Indian
Languages Known : English, Tamil, Sourashtra

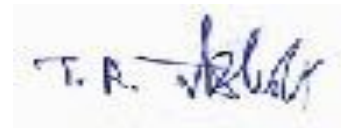
Address for correspondence -

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Chennai-600042, Tamilnadu. India.

I declare that the above details are correct and true to the best of my knowledge and belief.

Place: Chennai

Date: March 2023



(Dr. T.R. Ashok)