

THE TIMES OF INDIA, CHENNAI
TUESDAY, MARCH 19, 2019

Event on mental health:

The student council of Sri Ramachandra Institute of Higher Education and Research organized 'Triathlon 2019' on Sunday to spread awareness on the importance of mental health. "People with mental illness are constantly torn between the need to solicit help and the social stigma surrounding this issue. The council said the students were ready to help and comfort those in need," said a release.