

Reach Out



Dept. of Community Medicine in association with the Depts. of Endocrinology, General Medicine, Ophthalmology & Clinical Nutrition and Faculties of Dental Sciences & Nursing organized a free medical camp to observe the **World Diabetes Day** at RHTC, Vayalanallur on 18th November 2016. Investigations included blood tests, screening for diabetes complications, eye check up and dental examination. All patients were educated about the importance of nutrition through an exhibition. Medicines were provided free of cost. 858 people benefited.



Dept. of Public Health Dentistry in coordination with the Indian Association of Public Health Dentistry – Tamil Nadu Chapter observed the **National Tooth Brushing Day** at RHTC, Vayalanallur on 1st November 2016. A skit highlighting the different methods of tooth brushing for children & adults and oral hygiene was enacted by the CRIs. 200 patients benefited.



Depts. of Community Medicine and Community Health Nursing observed the **World Obesity Day** at RHTC, Vayalanallur on 26th October 2016. Awareness on magnitude of obesity, prevention of

childhood obesity, importance of healthy food & physical activity were emphasized through role plays by CRRIs and B.Sc. Nursing (Post Basic) students. 150 people participated.



Depts. of Clinical Psychology and Community Medicine observed the **World Mental Health Day** on 4th October 2016 at RHTC, Vayalanallur.

The events included:

- Awareness talks on psychological first aid, mental illness & its preventive measures, false beliefs on mental illness and the counseling services at SRU
- Short film
- Skit emphasizing the signs & symptoms of mental illness, importance of early diagnosis and the role of family in managing mental illness was enacted by faculty members and PGs of the Dept. of Clinical Psychology.
- Display of charts
- An interactive session with the audience

Around 120 people benefited.



In memory of our Founder-Chancellor, Thiru. N. P. V. Ramasamy Udayar, a **Free Multi-Specialty Camp** was organized at Tmt. Poovaiammal Thirumana Mandapam, Rasipuram on 24th & 25th September 2016. Thiru. V. R. V. Senguttuvan, Trustee inaugurated the camp and a mobile digital X-ray machine was inducted. Prof. S. Thanikachalam, Chairman & Director - CCC, Prof. S. Anandan, Dean, Medical College, Prof. K. Balaji Singh, HOD, Dept. of General Surgery, Prof. Suhas Prabhakar, HOD, Dept. of Ophthalmology, Prof. P. M. Venkata Sai, HOD, Dept. of Radiology, Prof. M. Srikanth, Senior Consultant, Dept. of Haemato-Oncology and Dr. Mohan Choudhary, Assistant Deputy Medical Superintendent along with a team of 130 medical and paramedical staff participated. Investigations including blood tests, ECG, echocardiogram, ultrasound, x-rays and medicines for one week were provided free of cost. Around 4670 people benefited.