



# ALUMNI ASSOCIATION OF SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION AND RESEARCH

## Report for USMLE Simplified

The Alumni Association of SRIHER and Student Council organized an USMLE orientation session on the 20th of December 2021 between 12-1pm. It was an online event conducted on Google Meet platform and was attended by all batches of MBBS. The speaker was Dr. Rukhsaar Khanam, Internal Medicine Resident, University of Illinois Hospital, Urbana-Champaign. Dr. Leena Dennis Joseph, Associate Dean of Students and Dr. Pavithra, Associate Professor of Pathology presided and contributed to the event.

The event started off with Mr. Niranjan Ragavan welcoming the participants and introducing the speaker. Dr. Rukhsaar began with asking a few questions to the participants to assess the background knowledge of the audience. She went on to explain the general overview of the exams and how she prepared for them. She also talked about her personal experience with the exams, the resources she used and a few tips and tricks that worked for her. She then elaborated on ways to stand out in terms of the CV including research, conference presentations and clerkships. An emphasis on research was made since research forms an integral part of their curriculum, and the practice of evidence-based medicine.

She touched upon ways to stay mentally and physically fit while preparing for the exams which the participants found very relatable. She also gave a brief account of a day in her life at her hospital and on living in the US. The financial aspect of the entire process was also explained in detail. The residency interviews and matching process was elaborated along with her own experience.

In the end, many participants asked their queries, and the speaker shared her social media handles for students who wanted to reach out to her in the future. Ms. Jahnvi Srinivas gave the vote of thanks. In all, the event was a great success, and the participants gave positive feedback. Pre and Post event forms were circulated and documented.

